

Take It Off

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Karl-Harry Winson (UK) - March 2016
音樂: Take It Off - Inna



Intro: (Quick) 4 Count Intro (Start on Lyrics)

Music available to download from amazon.co.uk and iTunes

S1: Forward Rock. Left Lock Back. 1/2 Turn Right. Step. Pivot 1/2 Turn. Forward Step.

1 – 2 Rock forward on Left. Recover weight on Right.
3&4 Step back on Left. Lock Right across Left. Step back on Left.
5 – 6 Turn 1/2 Right stepping forward on Right. Step forward on Left.
7 – 8 Pivot 1/2 Turn Right. Step forward on Left foot.

S2: Side Rock. & 1/4 Turn Left. Step. Pivot 3/4 Turn Left. Side. Behind (Dip). 1/4 Turn Right.

1 – 2 Rock Right out to Right side. Recover weight on Left.
&3,4 Step Right in place beside Left. Turn 1/4 Left stepping Left forward. Step Right forward.
5 – 6 Pivot 3/4 Turn Left. Step Right out to Right side.
7 – 8 Cross step Left behind Right and dip/bend knees. Turn 1/4 Right stepping Right forward.

S3: Step. 1/2 Turn Right. 1/2 Turn. Back Lock-Step. Rock Steps (On the Spot). Flick Back.

1 – 2 Step forward on Left. Pivot 1/2 turn Right.
3&4 Turn 1/2 Turn Right stepping Left back. Lock Right across Left. Step back on Left.
5 – 6 Rock back on Right pushing hips back. Recover forward on Left pushing hips forward.
7 – 8 Rock back on Right pushing hips back. Recover weight forward on Left flicking Right foot back.

S4: Step Pivot 1/2 Turn X2. Cross. Back. Ball-Walk. Walk.

1 – 4 Step Right forward. Pivot 1/2 Turn Left. Step Right forward. Pivot 1/2 Turn Left.
5 – 6 Cross Right over Left. Step back on Left.
&7-8 Step Right in place beside Left. Walk forward on Left. Walk forward on Right.

*****BRIDGE (LEFT ROCKING CHAIR) HERE ON WALLS 2 (6.00) & 4 (12.00), See bottom of Script.**

S5: Left Samba Step. Right Samba Step. Forward Rock. Shuffle 1/2 Turn.

1&2 Cross Left over Right stepping slightly forward. Rock Right to Right side. Recover weight on Left.
3&4 Cross Right over Left stepping slightly forward. Rock Left to Left side. Recover weight on Right.
5 – 6 Rock forward on Left. Recover weight back on Right.
7&8 Shuffle 1/2 Turn Left stepping: Left, Right, Left.

S6: Right Samba Step. Left Samba Step. Forward Rock. Triple 3/4 Turn.

1&2 Cross Right over Left stepping slightly forward. Rock Left to Left side. Recover weight on Right.
3&4 Cross Left over Right stepping slightly forward. Rock Right to Right side. Recover weight on Left.
5 – 6 Rock forward on Right. Recover weight on Left.
7&8 Triple 3/4 turn Right (on the spot) stepping: Right, Left, Right.

S7: Cross Rock. Left Scissor Step. Side. Hitch. Shuffle 1/4 Turn.

1 – 2 Cross rock Left over Right. Recover weight on Right.
3&4 Step Left to Left side. Close Right beside Left. Cross step Left over Right.
5 – 6 Step Right out to Right side. Hitch Left knee across Right.

7&8 Step Left to Left side. Close Right beside Left. Turn 1/4 Left stepping Left forward.

S8: Step. Pivot 1/4 Turn. Cross. 1/4 Right. Back Step. Left Coaster Step. Forward Step.

1 – 4 Step Right forward. Pivot 1/4 Turn Left. Cross Right over Left. Turn 1/4 Right stepping Left back.

5 Step back on Right.

6&7 Step back on Left. Step Right beside Left. Step forward on Left.

8 Step forward on Right.

*****BRIDGE: After SECTION 4 on Walls 2 & 4, add the following 4 Counts and continue the dance.**

1 – 4 Rock forward on Left. Recover weight on Right. Rock back on Left. Recover weight on Right.

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