

Try Everything

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lynn Card (USA) - March 2016
音樂: Try Everything - Shakira : (from the movie Zootopia)



Intro: 32 counts

"This dance is inspired by and dedicated to my beautiful twin girls, Chloe Belle and Keira Noelle.
May they always have the courage to "try everything" that will lead them to their dreams.

[1 – 8] VINE RIGHT, VINE LEFT (TURN LEFT VINE OPTION)

1,2,3,4 R step to right, L step behind R, R step to right, L touch next to R (clap optional on count 4)

5,6,7,8 L step to left, R step behind L, L step to left, Touch R next to L (clap optional on count 8)

(Optional: Turning vine left)

[9 – 16] RIGHT VINE WITH ¼ TURN RIGHT, WALK BACK X3, TOUCH

1,2,3,4 R step to right, L step behind R, ¼ turn right stepping R forward, L touch next to R (3:00)

5,6,7,8 L walk back, R walk back, L walk back, R touch next to L

(Optional: Wall 2 raise your arms up with palms up as she sings "and get up")

[17 – 24] □STEP FORWARD, KICK, STEP BACK, TOUCH BACK, STEP ½ TURN LEFT, STEP ½ TURN LEFT

1,2,3,4 R step forward, L kick forward, L step back, R touch back

5,6,7,8 R step forward, ½ turn left stepping L forward, R step forward, ½ turn left stepping L forward

(Beginner option to do a R rocking chair for 5,6,7,8)

[25 – 32] □ROCKING CHAIR, V STEP

1,2,3,4 R rock forward, L recover, R rock back, L recover

5,6,7,8 R step forward right diagonal. L step forward left diagonal, R step back to center, L step next to R

TAG: after Wall 9 facing 3:00

1,2,3,4 Vine Right

5,6,7,8 Vine Left (no turn)

Restart the dance...

The dance will end facing the back wall in Section 1 after left vine.

Last Update - 1st April 2016