A Love To Last



拍數: 32 牆數: 4 級數: Improver

編舞者: Frank Heelan (IRE) - March 2016

音樂: A Love I Think Will Last - Niamh Lynn & Johnny Brady



Sec. 1: Side together, side rock cross. Side together, side rock cross.

1-2 Step right to right, left together.

Rock right to right ,recover to left, cross right over left.

5-6 Step left to left, right together.

7&8 Rock left to left, recover to right, cross left over right

Sec. 2: Rock step, coaster step, pivot 1/4, cross shuffle.

1-2 Rock forward right, recover to left.

3&4 Rock back right, left together, forward right.

5-6 Step forward left, pivot 1/4 turn right stepping on right.

7&8 Cross step left over right, step right to right, cross step left over right.

Sec. 3: Side behind and heel hold, 3 heel switches hold.

1-2 Step right to right, step left behind.

&3-4 Step right to right, left heel into left diagonal, hold

&5&6 Step left next to right, dig right heel forward, step right next to left, dig left heel forward.

&7-8 Step left next to right, dig right heel forward, hold.

Sec. 4: Ball step recover, shuffle 1/2 turn, side rock step, right and left.

&1-2 Step on ball of right, rock forward left, recover to right.

Turn 1/4 left, right together, turn 1/4 left stepping forward on left.

Step right to right, recover to left, step forward right.Step left to left, recover to right, step forward left.

Tag. Right kick ball change by 2, Step 1/2 turn by 2.

1&2 Kick right forward, recover to ball of right, change weight to left.

3&4 Repeat 1&2

5-6 Step forward right, pivot 1/2 left.

7-8 Repeat 5-6

This Tag will be danced once at the end of wall 1 and 2 and twice at the end of wall 3.

On the last 8 of wall 6 music changes a little keep dancing in time and it kicks in again.

To finish, dance first 12 counts of wall 8 facing 3.00. Step forward left, pivot 1/2 right, 1/4 right stepping left to left recover to right facing [12.00].

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