

Every Time I Roll The Dice

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Michael Barr (USA), Michele Burton (USA) & Kat Painter (USA) - March 2016
音樂: Everytime I Roll the Dice - Delbert McClinton : (CD: Never Been Rocked Enough)



Intro: 48 cts.

[1 – 8] □ WALK, WALK, V STEP, BACK, BACK, SCISSOR CROSS

- 1 - 2 Step R forward; Step L forward
3 - 4 Step R to right diagonal rolling R knee & hip right; Step L to left diagonal, rolling L knee & hip left
5 - 6 Step R back; Step L back
7 & 8 Step R back to back right diagonal; Step L next to R; Step R over L

[9 – 16] □ TURN ¼ LEFT, TURN ¼ LEFT, SAILOR STEP, JAZZ BOX w/ CROSS

- 1 - 2 Turn ¼ stepping L forward; Turn ¼ left stepping R side right (facing 6 o'clock wall)
3 & 4 Step L behind R; Step R slightly R; Step L slightly left
5 - 8 Step R in front of L; Step L back; Step R side right; Step L in front of R (cross over)

Tags: □ After the above Jazz Box, add an extra Jazz Box while on: (No Restart, Just A Tag)

*3rd rotation facing 12:00 □

**6th rotation facing 3:00 □

***9th rotation facing 6:00

[17 – 24] STEP TOUCH, STEP TOUCH, FULL TURN R w/ Hold

- 1 - 2 Step R side right; Touch and extend L toe left (bending R leg)

Styling: □ Arm Movement: In 2 counts, bring R arm up, starting a circular cw (head high) and arc down to center of body □ at waist level (imagine throwing the "dice"). As you finish throwing "dice" to left, look to left.

- 3 - 4 Step L near R; Touch and extend R toe to right (bending L leg)

Styling: □ Arm Movement: Throw both hands, palms down, to the right (3), then left (4) (keep looking left) (prep for full □ turn right)

- 5 - 6 Turn ¼ right stepping R forward; Turn ½ right stepping back on L
7 - 8 Turn ¼ right stepping R side right; Hold (facing 6 o'clock wall)

[25 – 32] BALL-ROCK ¼ LEFT, KICK BALL FORWARD, ½ TURN LEFT, SYNCOPATED HEELS

- &1 - 2 Step ball of L next to R (&); Rock R slightly side right (1); Turn ¼ left stepping forward onto L (2)
3 & 4 Kick R forward; Step ball of R next to L; Step L forward
5 - 6 Step R forward; Turn ½ L shifting weight onto L
7&-8& Touch R heel forward (7); Step R next to L (&); Touch L heel forward (8); Step L next to R (&)

Styling: Many options here so play with the syncopation. Use toe touch and heel touch; two toe touches; etc!

BEGIN AGAIN & HAVE FUN!!!

Contacts:-

Michele Burton, mburtonmb@gmail.com / Michael Barr, mbarr@saber.net

Kat Painter, dancewithkat@yahoo.com

Step Sheet Access: □ www.michaelandmichele.com