

Special Treats (Christmas Cookies)

(zh)

COPPER KNOB
STEPSHEETS

拍數: 60 牆數: 4 級數: Beginner
編舞者: Diane Kale (USA) - 2010年11月
音樂: Christmas Cookies - George Straight



第一段 Vine Right With Holds

- 1-4 Step right to side, hold, left step behind right, hold
右足右踏, 候, 左足於右足後交叉踏, 候
- 5-8 Step right to side, hold, left cross step over right, hold.
右足右踏, 候, 左足於右足前交叉踏, 候

第二段 Step Side Right, Hold, Back Rock, Recover, Twice

- 1-4 Step right to side, hold, left rock behind right, recover onto right
右足右踏, 候, 左足於右足後下沉, 右足回復
- 5-8 Step left to side, hold, right rock behind left, recover onto left.
左足左踏, 候, 右足於左足後下沉, 左足回復

第三段 Charleston Step

- 1-4 Touch right forward, hold, step back right, hold
右足前點, 候, 右足後踏, 候
- 5-8 Touch left back, hold, step left forward hold.
左足後點, 候, 左足前踏, 候

第四段 Step, Lock Step, Scuff. Twice

- 1-4 Step right forward, bring left foot behind right, step right forward, scuff left forward 右足前踏, 左足於右足後踏, 右足前踏, 左足前擦踢
- 5-8 Step left forward, bring right foot behind left, step left forward, scuff right forward. 左足前踏, 右足於左足後踏, 左足前踏, 右足前擦踢

第五段 Ststep, Hold, Turn ½, Hold, Step, Hold, Turn ¼ Hold

- 1-4 Step right forward hold, pivot ½ left, hold
右足前踏, 候, 左軸轉180度, 候
- 5-8 Step right forward, hold, pivot ¼ left, hold.
右足前踏, 候, 左軸轉90度, 候

第六段 Right Out Hold, Left Out, Hold, Coaster Step

- 1-4 Step right forward to diagonal right, hold, step left foot forward to diagonal left, hold 右足右斜前踏, 候, 左足左斜前踏, 候
- 5-8 Step right back, step left together, step right forward, hold.
右足後踏, 左足併踏, 右足前踏, 候

第七段 Left Out Hold, Right, Hold, Coaster Step

- 1-4 Step left forward to diagonal left, hold, step right foot forward to diagonal right, hold
左足左斜前踏, 候, 右足右斜前踏, 候

5-8 Step left back, step right together, step left forward, hold
左足後踏, 右足併踏, 左足前踏, 候

第八段 Right Jazz Box

1-4 Step right across left, step left back, right step side, cross left over right. 右足於左足前交叉踏, 左足後踏, 右足右踏, 左足於右足前交叉踏
