About YOU



拍數: 32 牆數: 4 級數: Improver

編舞者: Annie Briand (FR) - March 2016

音樂: Y.O.U by Erin Kinsey



Intro: 32 counts

Restart (during wall 4 after 16 counts) + 1 tag (4 counts) at the end of wall 9.

Music available on : www.erinkinsey.com

Walls (2 in each direction: 12:00-6:00, then 3:00-9:00, then 12:00-6:00 again)

Section 1 [1 8] ☐ STEP LOCK, SHUFFLE DIAGONALY FWD RIGHT THEN LEFT

1 – 2	Step RF on forward diagonal. Lock LF behind RF. [1:30]
3 & 4	Step RF on forward diagonal. Step LF beside RF. Step RF on forward diagonal. [1:30]
5 – 6	Step LF on forward diagonal. Lock RF behind LF. [10:30]
7 & 8	Step LF on forward diagonal. Step RF beside LF. Step LF on forward diagonal. [10:30]

Section 2 [9 – 16] ☐ ROCK STEP FWD R, RUN 3 STEPS BACK, BACK ROCK STEP L, 1/4 TURN L with HITCH R

1 – 2	Rock Step RF forward. Recover on LF. [12:00]
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3 & 4 Run back on R-L-R.

Option : □Full turn R making a Triple Step backwards on R-L-R.

5 – 6 Back Rock Step on LF. Recover on RF.

7 – 8 Step forward LF. 1/4 turn to the Left with Hitch R knee. [9:00]*

Section 3 [17 – 24]□SIDE ROCK R, R CHASSÉ R, CROSS ROCK STEP FWD L, L CHASSÉ

1 – 2	Rock Step RF to the R side. Recover on LF.
3 & 4	Step RF to R side. Step LF beside RF. Step RF to R side.
5 – 6	Cross Rock Step LF over RF. Recover on RF.
7 & 8	Step LF to LR side. Step RF beside LF. Step LF to L side. [9:00]

Section 4 [25 – 32]□R POINT FWD & SIDE, SAILOR STEP 1/4 TURN R, L POINT FWD & SIDE, SAILOR STEP 1/2 TURN I

SIL	1/2 TOTAL
1 – 2	Point RF forward. Point RF to R side.
3&4	Sailor Step with 1/4 turn R: Step RF behind LF (and start turning to the R), Step LF to the L finishing your 1/4 turn, Step RF to R side. [12:00]
5 – 6	Point LF forward. Point LF to L side.
7 & 8	Sailor Step avec 1/2 tour G: Step LF behind RF (and start turning to the L), Step RF to the making 1/4 turn R, Step LF forward making another 1/4 turn L. [6:00]

START AGAIN

*Restart □On 4th wall (which starts facing [6:00]) after 16 counts: Restart from the beginning facing [3:00]. You will dance the five next walls from [3:00] to [6:00].

Tag ☐ At the end of 9th wall, dance this 4 count tag: STEP 1/4 TURN L, STEP 1/2 TURN L

1 – 4 Step RF forward. Pivot 1/4 turn L. Step RF forward. Pivot 1/2 turn L ... then continue the dance facing [12:00]

After this Tag, you still dance during 2 walls + 12 counts and you will finish facing [12:00] Walls (2 in each direction: 12:00-6:00, then 3:00-9:00, then 12:00-6:00 again)