

Hell Inside Me

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Dona Red (USA) - March 2016
音樂: Texas As Hell - Miranda Lambert



Intro: 8 counts

HEEL RIGHT , RECOVER, HEEL LEFT, RECOVER, MONTEREY ½ TURN

1&2& Right heel forward, recover, left heel forward, recover
3&4& Point right toe right side, recover, point left toe left side, recover
5&6& Right heel forward, recover, left heel forward, recover
7&8& Point right to right, ½ turn right step right beside left, point left to left, step left beside right

HEEL RIGHT , RECOVER, HEEL LEFT, RECOVER, MONTEREY ½ TURN

1&2& Right heel forward, recover, left heel forward, recover
3&4& Point right toe right side, recover, point left toe left side, recover
5&6& Right heel forward, recover, left heel forward, recover
7&8& Point right to right, ½ turn right step right beside left, point left to left, step left beside right

SIDE ROCK STEP- HOLD RIGHT AND LEFT, STEPS FORWARD

1&2& Side rock right, recover, cross right over left, hold
3&4& Side rock left, recover, cross left over right, hold
5-6 Step right forward, step left forward
7&8& 4 steps forward: right-left-right-left

STEP LOCK STEP RIGHT AND LEFT FORWARD, KICK, FLICK & SLAP, ROCK STEP BACK, STOMP

1&2 Step right forward, lock left behind, step right forward
3&4 Step left forward, lock right behind, step left forward
5-6 Kick right forward, flick & slap right side turning ¼ left
7-8 Rock right back (jumping) & kick left forward, stomp left

RESTART

Contact: donatella.degrassi@gmail.com
