

Get Up Billy

拍數: 32 牆數: 1 級數: Beginner +
編舞者: Chrystel DURAND (FR) - March 2016
音樂: Billy's Got His Beer Goggles On - Neal McCoy : (Album: That's life)



Intro: 16 counts

[1-8] STEP RIGHT FORWARD, 1/4 TURN LEFT, KICK BALL STEP, HEEL SPLITS

1-2 Right step forward, 1/4 turn left (weight on left foot) 9.00
3&4 Right Kick forward , right next to left, left step forward
5-6 Spread the heels, close the heels
7&8 Spread the heels, close the heels, spread the heels

[9-16] STEP FORWARD, HITCH, COASTER STEP, SKATE x 3, JUMP WITH 1/2 TURN

1-2 Right step forward, hitch left knee
3&4 Left step back, right next to left, left step forward
5 Slide right foot diagonally right forward,
6 slide left foot diagonally left forward
7 Slide right foot diagonally right forward
8 jump on place right next to left turning 1/2 turn to the left 3.00

[17-24] HEEL FORWARD, POINT BACK, SHUFFLE FORWARD, ROCK STEP FWD, COASTER STEP

1-2 Right heel forward, left point back
3&4 Right step forward, left next to right, right step forward
5-6 Left step forward, recover on right
7&8 Left step back, right next to left, Left step forward

[25-32] WALK, WALK, STEP FORWARD, 1/4 TURN LEFT, SKATE X3, JUMP

1-2 Right step forward, left step forward
3-4 Right step forward, 1/4 turn left (weight on left foot) 12.00

Restart here on wall 9 at 12.00

5 Slide right foot diagonally right forward,
6 slide left foot diagonally left forward
7 Slide right foot diagonally right forward
8 jump on place right next to left

Tag here at the end of wall 4 at 12.00

Tag : At the end of wall 4, at 12.00, add the 8 following steps and restart the dance from the beginning

[1-8] OUT OUT IN IN x 2

1-2 Right step diagonally right forward, Left step diagonally left forward
3-4 Right step diagonally back to the center, Left step diagonally back to the center
5-8 repeat 1 to 4

Restart : On wall 9 (instrumental part) dance to the count 28 (step 1/4 turn), at 12.00 and Restart the dance from the beginning

Chrystel DURAND: –

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