

# Restless Heart

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Dirk Leibing (DE) & Gudrun Schneider (DE) - March 2016  
音樂: Restless Heart - Niila



Intro : 32 counts

## (1) Side, Behind, Chasse ¼ Turn, Rock Step, Tripple ½ Turn

1-2            Step RF right(1), Cross LF behind RF(2)  
3&4           Step RF right(3), Close LF next to RF(&), Turn ¼ right stepping RF forward(4)(3:00)  
5-6            Rock LF forward(5), Recover on RF(6)  
7&8           Turn ¼ left stepping LF left(7), Close RF next to LF(&), Turn ¼ left stepping LF forward(8)(9:00)

## (2) Step, Sweep, Step, Sweep, Jazz Box

1-2            Step RF forward(1), Sweep LF from back to front(2)  
3-4            Step LF forward(3), Sweep RF from back to front(4)  
5-6            Cross RF over LF(5), Step LF back(6)  
7-8            Step RF right(7), Cross LF over RF(8)

## (3) Chasse, Rock Step(2x)

1&2            Step RF right(1), Close LF next to RF(&), Step RF right(2)  
3-4            Rock LF back(3), Recover on RF(4)  
5&6            Step LF left(5), Close RF next to LF(&), Step LF left(6)  
7-8            Rock RF back(7), Recover on LF

## (4) Turn ¼, Turn ½, Shuffle, Rocking Chair

1-2            Turn ¼ left stepping RF back(1), Turn ½ left stepping LF forward(2)(12:00)  
3&4            Step RF forward(3), Close LF next to RF(&), Step RF forward(4)  
5-6            Rock LF forward(5), Recover on RF(6)  
7-8            Rock LF back(5), Recover on RF(6)

Tag here in wall 3, replace count 32 with a right touch next to LF, Restart after the tag

## (5) Side Rock, Cross Shuffle, Point, Hitch, Point, ¼ Turn

1-2            Step LF left(1), Recover on RF(2)  
3&4            Cross LF over RF(3), Step RF to right(&), Cross LF over RF(4)  
5-6            Point RF to right(5), hitch RF(6)  
7-8            Point RF right(7), Turn ¼ right on both balls- weight is still on LF(8)(3:00)

## (6) Back Rock, Tripple ½ Turn, ¼ Turn, Back Rock

1-2            Step RF back(1), Recover on LF(2)  
3&4            Turn ¼ left stepping RF right(3), Close LF next to RF(&), Turn ¼ stepping RF back(4)(9:00)  
5-6            Turn ¼ left stepping LF left(5), Step RF to right(6)(6:00)  
7-8            Step LF back(7), Recover on RF(8)

## (7) Side, Touch, Side, Hold & Side, Cross, Kick Ball Cross

1-2            Step LF left(1), Touch RF next to LF(2)  
3-4            Step RF right(3), Hold(4)  
&5-6           Step LF next to RF(&), Step RF right(5), Cross LF over RF(6)  
7&8            Kick RF diagonal forward(7), Close RF next to LF, Cross LF over RF

## (8) Side, ¼ Turn, Shuffle, Step, ½ Turn, Back Rock

1-2            Step RF right(1), Turn ¼ left stepping LF left(2)(3:00)

3&4 Step RF forward(3), Close LF next to RF(&), Step RF forward(4)  
5-6 Step LF forward(5), ½ Turn right on both balls(6)(9:00)  
7-8 Rock RF back(7), recover on LF(8)

**Tag after wall 1 and after 32 counts off wall 3, in wall 3 replace count 32 with a right touch next to LF  
(Tag) Sway RLRL while doing a ½ Turn left**

1-2 Sway right weight on RF, Drag LF to RF  
3-4 Turn 1/4 left & Sway left, Drag RF to LF  
5-6 Sway right weight on RF, Drag LF to RF  
7-8 Turn 1/4 left & Sway left, Drag RF to LF

**Start again - Have Fun**

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