

My Oh My

COPPER KNOB
STEPSHEETS

拍數: 80 牆數: 2 級數: Intermediate
編舞者: Wendy Loh (MY) - March 2016
音樂: My Oh My - Girls' Generation



Sequence of Dance : Intro, AAB, AAB, ABB

INTRO (16 counts)

12 Step RF to side, Touch LF beside RF
34 Step LF to side, Touch RF beside LF
&5 Touch RF forward & raise R hip, Drop R hip
&6 Raise & Drop R hip
&7&8 Repeat Steps 6&

Repeat steps

PART A (32 counts)

Section A1: Kick Ball Point, Hip Roll, L Back Coaster, Prissy Walk RL

1&2 Kick RF forward, Step RF beside LF, Touch LF forward
34 Roll L hip from front to back
5&6 Step LF back, Step RF together, Step LF forward
78 Walk forward RF, LF (12:00)

Section A2: Big Step to R, Touch, L Hip Lift & Drop, Mirror Steps to L side

12 Step RF to side & Drag LF together, Touch LF beside RF
34 Raise (3) & Drop L hip (4)
56 Step LF to side & Drag RF together, Touch RF beside LF
78 Raise (7) & Drop R hip (12:00)

Section A3: Step Back, ½ L Step, Together, Bend Knee, Push Hip Back, Kick Ball Point R then L

1& Step RF back, Turn ½ L & Step LF forward (6:00)
2 Step RF together
34 Bend both knees, Straighten both knees & push hip back
5&6 Kick RF forward, Step RF beside LF, Touch LF to side
7&8 Kick LF forward, Step LF beside RF, Touch RF to side

Section A4: R Step, Hitch, L Step, Hitch, Toe Struts R, then L

12 Step RF forward, Hitch LF beside R knee
34 Step LF back, Hitch RF beside L knee
56 Touch RF forward, Replace RF (Slightly push hip out to R)
78 Touch LF forward, Replace LF (Slightly push hip out to L) (6:00)

PART B (48 counts)

Section B1 : Head roll, R Step Forward, ¼ R Step Together, Pose & Hold

1234 Close RF together & Turn head slowly anti-clockwise
56 Step RF together, Turn ¼ R & Step LF together (3:00)
78 Slightly bend both knees and pose

(Styling : LH on L hip & RH on right temple of head, head look up)

Section B2: ¼ R & Hip Bumps RLRLRL, Hip Roll from L to R

12 Turn ¼ R & Step RF to side and at the same time push hip to R then L (6:00)
3456 Alternate hip bumps RL RL
78 Make a big hip roll from L to R turning anti-clockwise

Section B3: R Step, Brush, L Step Brush, Turn ¼ R & Repeat Steps

- 12 Step RF beside LF, Brush LF beside RF
- 34 Step LF beside RF, Brush RF beside LF
- 56 Turn ¼ R & Step RF to side, Brush LF beside RF (9:00)
- 78 Repeat Steps 3,4

Section B4: ¼ R Step, Kick, L Step, Kick, Step, Ronde, Step Back

- 12 Turn ¼ R & Step RF forward, Kick LF to side (12:00)
- 34 Step LF in front of RF, Kick RF to side
- 5 Touch RF in front of LF
- 67 Ronde RF from side to back
- 8 Step RF back & Sit on R hip, LF touch in place

Section B5: Paddle to R making a ¾ turn, Shift weight

- 12 Step LF, Turn ¼ R with weight on RF (3:00)
- 34 Repeat Steps 12 (6:00)
- 56 Repeat Steps 12 (9:00)
- 78 Shift weight to LF & Touch RF

Section B6: Paddle to L making a ½ turn, Shift weight

- 12 Step RF in place, Turn 1/8 L with weight on LF
- 34 Repeat Steps 1,2 (6:00)
- 56 Repeat Steps 1,2
- 78 Shift weight to RF & Touch LF (3:00)
- & Turn ¼ L & Step LF beside RF 12:00)

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