Dance The Boogie Woogie



拍數: 64 牆數: 2 級數: Beginner

編舞者: Ilona Tessmer-Willis (USA) - March 2016

音樂: Boogie Woogie Fiddle Country Blues - The Charlie Daniels Band



Music available to purchase at Google Play • iTunes • AmazonMP3

This Dance was written for any Boogie Woogie from any decade in any genre.

If a 48 count song is chosen---can skip first 16 counts & start on S2, (all suggested songs can be found on iTunes).

Other song suggestions:

"Boogie Nr 1" Mickey Muster

"Route 66" Asleep At The Wheel

"Roll On Big Mamma" Joe Stampley

"Boogie Woogie Stomp" Albert Ammons (peppy)

"Lewis Boogie" Jerry Lee Lewis (short)

"Boogie Woogie Bugle Boy" Bette Midler

Intro: 48 cts

S1 R & L DIAGONAL TOE STRUTS, R ROCK BACK 2X, R & L DIAGONAL TOE STRUTS (16 COUNTS)

1-4	Step R Toe Front Diagonally (1:30) Drop Heel, Step L Toe Front Diagonally (10:30) Drop
	Heel
5-6	R Rock-back, L Recover Weight

7-10

Step R Toe Front Diagonally (1:30) Drop Heel, Step L Toe Front Diagonally (10:30) Drop

Heel

R Rock-Back, L Recover Weight 11-12

Step R Toe Front Diagonally (1:30) Drop Heel, Step L Toe Front Diagonally (10:30 Drop Heel 13-16

S2: FORWARD DIAGONAL R & L TOE STRUTS, FORWARD R & L SKATE STEP (OPTION BELOW)

1-2	R Toe Step Forward Diagonally (1:30) Swivel on Ball (12:00) Drop Heel
3-4	L Toe Step Forward Diagonally (10:30) Swivel on Ball (12:00) Drop Heel

5-8 Skate Forward R, Skate Forward L, Skate Forward R, Skate Forward L R as Toe points R,

swivel to L on Ball, weight to R, repeat with L, weight on L R as Toe points R, swivel to L on

Ball, weight to R, repeat with L, weight on L

S3 R DOUBLE KICK, L DOUBLE KICK, R KICK STEP (OPTION BELOW)

1-3	R Low Kick Forward (2x) R Step next to L
3-6	L Low Kick Forward (2x) L Step next to R

7-8 R Kick, R Step next to L

S4 HOP FORWARD & BACK, STEP BACK R & L 1/4 TURN LEFT (OPTION BELOW)

1-4	R Hops Forward L Beside R, R Hops Back L Beside R (Option: Step Forward R & L Back R
	&)

5-8 Step Back R L R L completing a 1/4 Left Turn

S5: FORWARD DIAGONAL R & L TOE STRUTS, FORWARD R & L SKATE STEPS (OPTION BELOW)

1-2	R Toe Step Forward Diagonally (1:30) Swivel on Ball (12:00) Drop Heel
3-4	L Toe Step Forward Diagonally (10:30) Swivel on Ball (12:00) Drop Heel

5-8 Skate Forward R, Skate Forward L, Skate Forward R, Skate Forward L R as Toe points R,

swivel to L on Ball, weight to R, repeat with L, weight on L

S6 4 LOW KICKS TURN 1/4 LEFT (OPTION BELOW)

R & L Low Kick Forward turning 1/8 Left 1-4

S7: LEFT FULL TURN: 4 PIVOTS (OPTION BELOW)

1-2	Step R Forward, pivot ¼ to Left (weight on left)
3-4	Step R Forward, pivot ¼ to Left (weight on left)
5-6	Step R Forward, pivot ¼ to Left (weight on left)
7-8	Step R Forward, pivot ¼ to Left (weight on left)

Options for Very Beginners or Dancers, who, don't care to Kick, Hop, Swivel or Turn.

- S2 Forward Walk R & L (1,2,3,4) Forward Walk R,L,R,L (5,6,7,8)
- S3 R Tap2x (1,2) R Step (3) L Tap 2x (4,5) L Step (6) R Kick Step (7,8)
- S4 Step Forward & Back (1,2,3,4)
- S5 Same as S2
- S6 Toe Strut R & L (1,2,3,4) Repeat (5,6,7,8)
- S7 Step Forward & Back R & L 2x (12,34,56,78)

Boogie Woogie is cousin to RocknRoll. Steps are basic for easy learning & options are for dancers having issues with balance or turning. Enjoy!!

Fun Fact: "The origin of the term boogie-woogie is unknown, according to Webster's Third New International Dictionary. The Oxford English Dictionary states that the word is a reduplication of boogie, which was used for "rent parties" as early as 1913". Source :Wikepedia

Contact: hel.38@att.net with any questions or comments

Please, don't alter this step sheet, as written, before posting on the internet but keep in its original form.