Now And Then



拍數: 32 牆數: 4 級數:

編舞者: Gordon Elliott (AUS) - January 2016

音樂: (Now and Then There's) A Fool Such as I - Elvis Presley: (Album: The 50

Greatest Love Songs)



Original Position: Feet Together Weight On The Left Foot. This dance is done in FOUR directions. Introduction: 32 Beats.

SIDE SHUFFLE, BACK, ROCK, SIDE STRUT, CROSS STRUT

1 & 2	Side Shuffle To The Right Step: R-L-R, Step L Back, Rock
3, 4	Forward Onto R,

5, 6 Strut: Step L Toe To The Side, Drop L Heel To The Floor,

7, 8 Strut: Step R Toe Across In Front Of Left, Drop R Heel To The Floor.

SIDE SHUFFLE, 1/4 BACK, ROCK, KICK BALL CHANGE, KICK BALL CHANGE

1 & 2	Side Shuffle To The Left Step : L-R-L,
3, 4	Turn 90 ☐ Right Step R Back, Rock Forward Onto L, Kick R
5 & 6	Forward, Step R Together, Step L Together,
7 & 8	Kick R Forward, Step R Together, Step L Together.

FORWARD, TOUCH, BACK, TOUCH, BACK, TOUCH, FORWARD, SCUFF

1, 2	Step R Forward At 45□ Right, Touch L Toe Together & Clap, Step L
3, 4	Back At 45□ Left, Touch R Toe Together & Clap,
5, 6	Step R Back At 45□ Right, Touch L Toe Together & Clap,
7, 8	Step L Forward At 45□ Left, Scuff R Forward.

JAZZ BOX, PIVOT TURN, PIVOT TURN

1, 2	Jazz Box : Step R Across In Front Of Left, Step L Back,
3, 4	Step R To The Side, Step L Forward,
5, 6	Pivot : Step R Forward, Turn 180 ☐ Left Take Weight Onto L,
7, 8	Pivot : Step R Forward, Turn 180□ Left Take Weight Onto L.

[32] □□Repeat The Dance In New Direction

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