

Now And Then

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數:
編舞者: Gordon Elliott (AUS) - January 2016
音樂: (Now and Then There's) A Fool Such as I - Elvis Presley : (Album: The 50 Greatest Love Songs)



Original Position: Feet Together Weight On The Left Foot.
This dance is done in FOUR directions. Introduction : 32 Beats.

SIDE SHUFFLE, BACK, ROCK, SIDE STRUT, CROSS STRUT

1 & 2 Side Shuffle To The Right Step : R-L-R, Step L Back, Rock
3, 4 Forward Onto R,
5, 6 Strut : Step L Toe To The Side, Drop L Heel To The Floor,
7, 8 Strut : Step R Toe Across In Front Of Left, Drop R Heel To The Floor.

SIDE SHUFFLE, 1/4 BACK, ROCK, KICK BALL CHANGE, KICK BALL CHANGE

1 & 2 Side Shuffle To The Left Step : L-R-L,
3, 4 Turn 90° Right Step R Back, Rock Forward Onto L, Kick R
5 & 6 Forward, Step R Together, Step L Together,
7 & 8 Kick R Forward, Step R Together, Step L Together.

FORWARD, TOUCH, BACK, TOUCH, BACK, TOUCH, FORWARD, SCUFF

1, 2 Step R Forward At 45° Right, Touch L Toe Together & Clap, Step L
3, 4 Back At 45° Left, Touch R Toe Together & Clap,
5, 6 Step R Back At 45° Right, Touch L Toe Together & Clap,
7, 8 Step L Forward At 45° Left, Scuff R Forward.

JAZZ BOX, PIVOT TURN, PIVOT TURN

1, 2 Jazz Box : Step R Across In Front Of Left, Step L Back,
3, 4 Step R To The Side, Step L Forward,
5, 6 Pivot : Step R Forward, Turn 180° Left Take Weight Onto L,
7, 8 Pivot : Step R Forward, Turn 180° Left Take Weight Onto L.

[32] □□Repeat The Dance In New Direction

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