

Don't Wait Up For Me

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Intermediate Rumba style
編舞者: Michele Burton (USA) - March 2016
音樂: Don't Wait Up - Diane Birch : (CD: Bible Belt - iTunes download)



iTunes download

[1 – 8] □ SIDE TOGETHER FORWARD HOLD ~ LOCK STEP FORWARD 1/2 TURN HITCH

1 - 4 Step R to right; Step L beside R; Step R forward; Hold
5 - 8 Step L forward; Step R behind L; Step L forward; Hitch R near L ankle, making 1/2 turn left
(on ball of left) □ 6:00

[9 – 16] □ SCISSOR CROSS HOLD ~ VINE

1 - 4 Step R to right; Step L beside R; Step R in front of L; Hold
5 - 8 Step L to left; Step R behind L; Step L to left; Touch R beside L - 6:00

On wall 4, Restart after 16 cts. Restart is at 3:00 □

[17-24] □ TURN 1/4 R TURN 1/2 R ~ BACK FLICK FORWARD FLICK ~ BACK 1/2 L TURN

1 - 2 Turn 1/4 right, stepping R forward; Turn 1/2 right, stepping L back - 3:00
3 - 4 Step R back; Flick L toward front of R shin
5 - 6 Step L forward; Flick R toward back of left ankle
7 - 8 Step R back, Turn 1/2 left, stepping forward on L - 9:00

[24-32] □ RUN RUN RUN KICK (3 small steps) ~ BACK 1/2 R TURN FORWARD HITCH

1 - 4 Step R forward, Step L forward, Step R forward; Kick L down, low to floor
5 - 8 Step L back; Turn 1/2 right, stepping R forward; Step forward L; Hitch R near L ankle
(use as gathering step to begin again) □ 3:00

BEGIN AGAIN and ENJOY

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Last Update – 5th May 2016
