

# Gimme Shelter

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Jo Kinser (UK) & John Kinser (UK) - March 2016  
音樂: Gimme Shelter - Playing For Change : (iTunes)



Start on the vocals 48 counts in.

## [1-8] □ R Kick & Out, Together, Cross, Side, Together, R Shuffle Fwd

1&2      Kick R low fwd, Step R slightly to R Side, Step L slightly to L (Shoulder width apart)  
3,4      Step R next to L and slightly back, Step L over R  
5,6      Step R to R, Step L next to R  
7&8      Step R fwd, Step L next to R, Step R fwd

## [9-16] □ Side, Together, Step Lock Back, R Rock Back, Toe, Heel

1,2      Step L to L, Step R next to L  
3&4      Step L back, Lock R in front of L, Step L back  
5,6      Rock R back, Recover weight L  
7,8      Touch R toe next to L swiveling slightly L, Touch R heel to R diagonal swiveling slightly R

Restarts happen here on Wall 3 (6:00)

## [17-24] □ Cross, Side, R Crossing Shuffle, L Rock Step, Together, 1/4 Turn, Fwd

1,2      Cross R over L, Step L to L (styling: Touch R toe over L, as you push down onto the R foot step L to L)  
3&4      Cross R over L, Step L to L, Cross R over L  
5-6      Rock L to L, Recover weight R  
&7,8      Step L next to R, Make 1/4 turn R stepping R fwd (3:00), Step L fwd

## [25-32] □ Walk Fwd, Mambo 1/2 Turn, 1/2 Turn, Back, L Coaster Step

1,2      Walk fwd R, L  
3&4      Rock R fwd, Recover weight L, Make 1/2 Turn Rt Stepping R fwd (9:00)  
5,6      Make 1/2 Turn Rt Stepping L back (3:00), Step R back  
7&8      Step L back, Step R next to L, Step L fwd

Enjoy ;-)

Jo & John Kinser: [jo@jjkdancin.com](mailto:jo@jjkdancin.com) - [www.jjkdancin.com](http://www.jjkdancin.com) □□□□□□