

Sorry!

拍數: 38 牆數: 4 級數: Intermediate
編舞者: Lesley Clark (SCO) - February 2016
音樂: Baby Can I Hold You - Tracy Chapman : (iTunes and Amazon)



Intro: 16 count intro, start on vocals

Restart: On wall 3 dance up to count 32 and then add an & beat and restart*****

STEP RIGHT, ROCK BACK, RECOVER, STEP LEFT, ROCK BACK, RECOVER, STEP ½ TURN, TRIPLE ½ TURN RIGHT

1-2& Step a long step to the right, rock back on left, recover on right
3-4& Step a long step to the left, rock back on right, recover on left
5-6 Step forward on right, ½ turn left
7&8 ½ turn shuffle left stepping right, left, right

SWEEP STEP BACK LEFT & RIGHT, COASTER CROSS, ROCK, RECOVER, CROSS, ¾ TURN SHUFFLE

1-2 Sweep left foot out to side, step back on left, sweep right foot out to side, step back on right
3&4 Step back on left, step right next to left cross step left over right
5&6 Rock right out to right, recover on left, cross step right over left
7&8 ¾ turn right, stepping left, right, left

WALK FORWARD RIGHT & LEFT, ROCK, RECOVER, ½ TURN, FULL TURN, SHUFFLE FORWARD

1-2 Walk forward right, left
3&4 Rock forward on right, recover on left, ½ turn right stepping forward on right
5-6 ½ turn right stepping back on left, ½ turn right stepping forward on right
7&8 Step forward on left, step right next to left, step forward on left

SYNCOPATED ROCKS FORWARD, STEP FORWARD, ½ TURN, TRIPLE FULL TURN

1-2 Rock forward on right, recover on left
&3-4 Step on right, rock forward on left, recover on right
&5-6 Step on left, step forward on right, ½ turn left
7&8 Full turn shuffle left stepping, right, left, right *****

ROCK, RECOVER, CROSS, ROCK, RECOVER, CROSS ROCK, RECOVER, ROCK, RECOVER, TOUCH

1&2 Rock out to left, recover on right, cross step left over right
3&4& Rock out to right, recover on left, cross rock right over left, recover on left
5&6 Rock out to right, recover on left, touch right next to left

Start Again.....Happy Dancing.....
