

# Lemonade

拍數: 64      牆數: 2      級數: Improver  
編舞者: Nathan Gardiner (SCO) - March 2016  
音樂: Lemonade - Alexandra Stan



Intro: 16 counts start on vocals

## Walk Forward R & L, Mambo Step, Walk Back L & R, Coaster Cross

1-2            Step forward on R, Step forward on L  
3&4            Rock forward on R, Recover on L, Step back on R  
5-6            Step back on L, Step back on R  
7&8            Step back on L, Step R next to L, Cross L over R

## R Rumba Box, Walk Back R & L, Coaster Step

1&2            Step R to R side, Step L next to R, Step forward on R  
3&4            Step L to L side, Step R next to L, Step back on L  
5-6            Step back on R, Step back on L  
7&8            Step back on R, Step L next to R, Step forward on R

## L Lock, L Lock Step, R Lock, R Lock Step

1-2            Step forward on L, Lock R behind L  
3&4            Step forward on L, Lock R behind L, Step forward on L  
5-6            Step forward on R, Lock L behind R  
7&8            Step forward on R, Lock L behind R, Step forward on R

## Rock Forward, Recover, ¼ L Chasse, Jazz Box

1-2            Rock forward on L, Recover on R  
3&4            ¼ L stepping L to L side, Step R next to L, Step L to L side  
5-6            Cross R over L, Step back on L  
7-8            Step R to R side, Step slightly forward on L

## Step Forward, ¼ R, Sailor ¼ R, Skate L, Skate R, Diagonal Shuffle

1-2            Step forward on R, ¼ R stepping to L side  
3&4            Step R behind L, ¼ R stepping L to L side, Step R to R side  
5-6            Skate forward on L, Skate forward on R  
7&8            Step L slightly to L diagonal, Step R next to L, Step L slightly to L diagonal

## Cross Rock, Side, Cross Rock, Side, Jazz Box ¼ R Cross

1&2            Cross rock R over L, Recover on L, Step R to R side  
3&4            Cross rock L over R, Recover on R, Step L to L side  
5-6            Cross R over L, Step back on L  
7-8            ¼ R stepping R to R side, Cross L over R

## Side R, Behind, Chasse R, Side L, Behind, Chasse L

1-2            Step R to R side, Step L behind R  
3&4            Step R to R side, Step L next to R, Step R to R side  
5-6            Step L to L side, Step R behind L  
7&8            Step L to L side, Step R next to L, Step L to L side

## Coaster Step, Mambo Step, Rock Back, Recover, Syncopated Rocking Chair

1&2            Step back on R, Step L next to R, Step forward on R  
3&4            Rock forward on L, Recover on R, Step back on L

5-6 Rock back on R, Recover on L

7&8& Rock forward on R, Recover on L, Rock back on R, Recover on L

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