

I Don't Wanna Be Sad

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Intermediate
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音樂: I Don't Wanna Be Sad - Simple Plan



Intro: 16 counts

STEP TOUCH RIGHT AND CLAP, STEP TOUCH LEFT AND CLAP, ½ RUMBA BOX FORWARD, ROCK FORWARD, RECOVER, RUN BACK LEFT, RIGHT, LEFT

1&2& Step side right, Touch left beside right and clap, Step side left, Touch right beside left and clap
3&4 Step side right, Step together left, Step forward right
5, 6 Rock forward left, Recover right
7&8 Run back left, right, left

STEP BACK RIGHT, KICK LEFT FORWARD, STEP BACK LEFT, KICK RIGHT FORWARD, STEP BACK RIGHT, LIFT BOTH HEELS POPPING BOTH KNEES FORWARD, ROCK BACK LEFT, RECOVER, PIVOT 1/4 RIGHT, CROSS LEFT OVER

1& Step back right, Kick left foot forward
2& Step back left, Kick right foot forward
3&4 Step back right, Lift both heels popping both knees forward
5, 6 Rock back left, Recover right
7&8 Step forward left, Pivot turn ¼ right, Cross left over

RIGHT VINE TWO, LEFT HEEL JACK BALL CROSS, RIGHT HEEL JACK BALL CROSS, LEFT HEEL JACK BALL STEP

1, 2 Step side right, Cross left behind right
&3&4 Step back on right, Touch left heel forward, Step together on left, Cross right over left
&5&6 Step back on left, Touch right heel forward, Step together on right, Cross left over right
&7&8 Step back on right, Touch left heel forward, Step together on left, step forward right

ROCK FORWARD LEFT, RECOVER RIGHT, SHUFFLE ½ LEFT, STEP OUT RIGHT, STEP OUT LEFT, BALL CROSS, FLICK RIGHT BEHIND LEFT

1, 2 Rock forward left, Recover right
3&4 Shuffle ½ turn left stepping Left, Right, Left
5,6 Step out right, Step out left
&7,8 Step right beside left (&), Cross left over right, Flick right foot back behind left

Begin Again

Ending: Last sequence ends facing the back.

As you flick the right foot back, look over your right shoulder and throw your hands in the air - ta dah!