

Ride, Sally, Ride

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Ayu Permana (INA) - March 2016
音樂: Mustang Sally (Glee Cast Version) - Glee Cast



Start after 16 counts music intro

SECTION 1. WALK – BRUSH – TOE TOUCH – SAILOR ¼ TURN – HIPS BUMP (03.00)

- 1 – 2 Step forward R – L
- 3 – 4 Brush R – Touch R toe to the side
- 5 & 6 Sweep R making ¼ turn right, step R behind L – Step L to left side – Step R to right side (3)
- 7 & 8 Touch L toe slightly diagonally left, bumping L hip – Hip bump R – Step L close to R

SECTION 2. SIDE – TOGETHER – SIDE SHUFFLE – FORWARD – RECOVER – COASTER STEP (03.00)

- 1 – 2 Step R to right side – Step L close to R
- 3 & 4 Step R to right side – Step L close to R – Step R to right side
- 5 – 6 Step/rock L forward – Recover on R
- 7 & 8 Step L backward – Step R close to L – Step L forward

SECTION 3. PIVOT ½ TURN – FORWARD SHUFFLE – FORWARD – RECOVER – FORWARD SHUFFLE (09.00)

- 1 – 2 Step R forward – Turn ½ left, step on L (9)
 - 3 & 4 Step R forward – Step L close to R – Step R forward
 - 5 – 6 Step/rock L forward – Recover on R
- (Styling (optional): Push the body with both hands stretched forward when doing step/rock L forward – pull the body and both hands to the back when recovering back weight to R)**
- 7 & 8 Step R forward – Step L close to R – Step R forward

SECTION 4. SIDE – RECOVER – GRAPEVINE – FORWARD – RECOVER – ½ TURN (09.00)

- 1 – 2 Step/rock R to right side – Recover on L
- 3 & 4 Step R behind L – Step L to left side – Cross R over L
- 5 – 6 Step/rock L forward – Recover on R
- 7 & 8 Triple steps L – R – L making ½ turn left (9)

REPEAT

HAVE FUN AND HAPPY DANCING

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