

Ready, Set, Gone! (zh)

COPPER KNOB
STYLEDANCE

拍數: 32 牆數: 2 級數: Improver
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音樂: Ready... Set... Gone! - Billy Kay : (CD: Ready, Set, Gone! Single)



第一段 Cross Rock. Chasse Right. Cross Rock. Chasse ¼ Turn Left.

- 1-2 Cross right over left. Recover onto left.
右足於左足前交叉踏, 左足回復
- 3&4 Step right to right. Close left beside right. Step right to right.
右足右踏, 左足併踏, 右足右踏
- 5-6 Cross left over right. Recover onto right.
左足於右足前交叉踏, 右足回復
- 7&8 Step left forward ¼ turn left. Close right beside left. Step left forward. (Facing 9 o'clock)
左足前踏左轉90度, 右足併踏, 左足前踏(面向9點鐘)

第二段 Pivot ½ Turn Left. Shuffle ½ Turn Left. Back Rock. Kick Ball Change.

- 1-2 Step forward on right. Pivot ½ turn left (Weight on left). (Facing 3 o'clock) 右足前踏, 左軸轉180度(重心在左足)(面向3點鐘)
- 3&4 Shuffle ½ turn left by stepping right, left, right. (Facing 9 o'clock) 左180度轉交換-右, 左, 右(面向9點鐘)
- 5-6 Rock back on left. Recover onto right. 左足後下沉, 右足回復
- 7&8 Kick left forward. Step left beside right. Step right in place.
左足前踢, 左足併踏, 右足踏

第三段 Cross Side. Sailor ¼ Turn Left. Forward Rock. Triple Full Turn Right.

- 1-2 Cross left over right. Step right to right side.
左足於右足前交叉踏, 右足右踏
- 3&4 Step left behind right. Step ¼ turn right stepping right to right. Step left forward. (Facing 6 o'clock)
左足於右足後踏, 右轉90度右足右踏, 左足前踏(面向6點鐘)
- 5-6 Rock right forward. Recover onto left. 右足前下沉, 左足回復
- 7&8 Triple step full turn right, by stepping right, left, right. (Facing 6 o'clock) 三步右轉圈-右, 左, 右(面向6點鐘)

第四段 Forward Rock. Back Lock Step. Back Rock. Kick Ball Change.

- 1-2 Rock left forward. Recover onto right. 左足前下沉, 右足回復
- 3&4 Step back on left. Lock right over left. Step back on left.
左足後踏, 右足於左足前鎖踏, 左足後踏
- 5-6 Step back on right. Recover onto left. 右足後踏, 左足回復
- 7&8 Kick right forward. Step right beside left. Step left in place.
右足前踢, 右足併踏, 左足踏

TAG 1: 24 Count Tag At The END Of 3rd Wall. 第三面牆結束加24拍

第一段 Pivot 1/2 Turn Left. x2. Cross Rock. Chasse Right.

- 1-2 Step forward on right. Pivot ½ turn left. 右足前踏, 左軸轉180度
- 3-4 Step forward on right. Pivot ½ turn left. 右足前踏, 左軸轉180度
- 5-6 Cross right over left. Recover onto left.
右足於左足前交叉踏, 左足回復
- 7&8 Step right to right. Close left beside right. Step right to right.
右足右踏, 左足併踏, 右足右踏

第二段 Pivot ½ Turn Right. x2, Cross Rock. Chasse Left.

- 1-2 Step forward on left. Pivot ½ turn right. 左足前踏, 右軸轉180度
3-4 Step forward on left. Pivot ½ turn right. 左足前踏, 右軸轉180度
5-6 Cross left over right. Recover onto right.
左足於右足前交叉踏, 右足回復
7&8 Step left to left. Close right beside left. Step left to left.
左足左踏, 右足併踏, 左足左踏

第三段 Cross Rock. Chasse Right. Cross Rock. Chasse Left.

- 1-2 Cross right over left. Recover onto left.
右足於左足前交叉踏, 左足回復
3&4 Step right to right. Close left beside right. Step right to right.
右足右踏, 左足併踏, 右足右踏
5-6 Cross left over right. Recover onto right.
左足於右足前交叉踏, 右足回復
7&8 Step left to left. Close right beside left. Step left to left.
左足左踏, 右足併踏, 左足左踏

TAG 2: 16 Count Tag At END Of 5th Wall. The FIRST 16 count of tag 1.

第五面牆結束後加16拍, 跳Tag 1的前16拍
