

This Little Spot

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: John Warnars (NL) - February 2016
音樂: This Little Spot - Declan Nerney : (CD: Thank Heaven For You)



Intro : 32 Counts.

Info: Restart at wall 4, after count 16 (count 8 block 2), Tags on the end on walls 2 & 5.

TOE HEEL STRUT R+L (fwd), KICK & CLOSE, SIDE ROCK & RECOVER, L COASTER STEP, STEP (fwd), ½ PIVOT L, STEP (fwd);

1&2& RF step on toes forward, drop heel down, LF step on toes forward, drop heel down
3&4& RF kick forwards, RF step on ball next LF, LF rock to left side, recover back on RF
5&6 LF step backward, RF close next LF, LF step forwards
7&8 RF step forwards, LF&RF make ½ turn L (6), RF step forwards

TOE HEEL STRUT L+R (fwd), KICK & CLOSE, SIDE ROCK & RECOVER, R COASTER STEP, STEP (fwd), ½ PIVOT R, STEP (fwd);

1&2& LF step on toes forward, drop heel down, RF step on toes forward, drop heel down
3&4& LF kick forwards, LF step on ball next RF, RF rock to right side, recover back on LF
5&6 RF step backward, LF close next RF, RF step forwards
7&8 LF step forwards, RF&LF make ½ turn R (12), LF step forwards

CROSS ROCK & RECOVER, SIDE ROCK & RECOVER, R SAILOR STEP, CROSS ROCK & RECOVER, SIDE ROCK & RECOVER, ½ L SAILOR CROSS;

1&2& RF rock across LF, recover back on LF, RF rock to right side, recover back on LF
3&4 RF cross behind LF, LF small step to left side, RF small step to right side (*finish dance)
5&6& LF rock across RF, recover back on RF, LF rock to left side, recover back on RF
7&8 LF ½ turn L cross behind RF (6), RF close next LF, LF step across RF

R LOCK STEP (R diag.), SCUFF, L LOCK STEP (L diag.), SCUFF, MAMBO STEP ½ R, STEP (fwd), ½ PIVOT R, STEP (fwd);

1&2& RF step diagonal right forward, LF lock behind RF, RF step forward, LF scuff forward
3&4& LF step diagonal left forward, RF lock behind LF, LF step forward, RF scuff forward
5&6& RF rock forward, recover back on LF, RF ½ turn R step forward (12)
7&8 LF step forward, RF&LF make ½ turn R (6), LF step forward

1 RF start again

Restart at wall 4, after count 16 (count 8 block 2)

Tags on the end on walls 2 & 5, repeat counts 1&2&3&4& of block 4!

1&2& RF step diagonal right forward, LF lock behind RF, RF step forward, LF scuff forward
3&4& LF step diagonal left forward, RF lock behind LF, LF step forward, RF scuff forward

* Finish dance with ½ Sailor Cross R.(12)

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