

# My Reckless Heart

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: John Warnars (NL) - March 2016  
音樂: Reckless Heart - Lasse Stefanz : (CD: Honky Tonk Rebels)



Intro : 16 Counts.

Info : Restarts at walls 5 & 9, after count 16 (count 8 of block 2)

## **DOROTHY STEPS R+L, SIDE STEP, CROSS ROCK, RECOVER, SIDE SHUFFLE with ¼ L;**

1 2 &      RF step diagonal right forward (1:30), LF lock behind RF, RF step forward  
3 4 &      LF step diagonal left forward (10:30), RF lock behind LF, LF step forward  
5 6 7      RF step to right side (12), LF cross rock over RF, recover back on RF  
8&1      LF step to left side, RF close next LF, LF ¼ turn L step forward (9)

## **STEP (fwd), ¼ TURN L, CROSS SHUFFLE, 2x ¼ TURN R, CROSS STEP;**

2 3      RF step forward, LF&RF ¼ turn L (6)  
4&5      RF cross step over LF, LF small step to left side, RF cross step over LF  
6 7 8      LF ¼ turn R step back (9), RF ¼ turn R side step (12), LF step across RF

## **SIDE ROCK, RECOVER & CLOSE, SIDE ROCK, RECOVER, ¼ L COASTER STEP, STEP (fwd), ½ PIVOT L;**

1 2 &      RF rock to right side, recover back on LF, RF close next LF  
3 4      LF rock to left side, recover back RF  
5&6      LF ¼ turn L step back (9), RF close next LF, LF step forward  
7 8      RF step forward, LF&RF make ½ turn L (3)

## **HIP BUMPS R L R, ¼ R HIP BUMPS L R L, SAILOR STEP, ¼ L COASTER CROSS;**

1&2      RF step diagonal R and bump hips R, bump hips L, bump hips R (weight on RF)  
3&4      LF ¼ turn R side step (6) and bump hips L, bump hips R, bump hips L (weight on LF)  
5&6      RF cross behind LF, LF step to left side, RF step to right side  
7&8      LF ¼ turn L step back (3), RF close next LF, RF step across LF

1      RF□start again

Restarts at walls 5 & 9, after count 16 (count 8 of block 2)

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