

Over Getting Over

拍數: 64 牆數: 2 級數: Improver
編舞者: Keith Stewart (N.IRE) - March 2016
音樂: Over Getting Over - Fleur East



SECTION 1 – RIGHT ROCK & SWEEP, RIGHT SAILOR STEP, 2 WALKS FORWARD, LEFT STEP 3/8 TURN RIGHT.

- 1, 2 Rock forward on right foot, recover weight onto left foot, allowing right foot to sweep round from front to back.
- 3&4 Step right foot behind left, step left foot to left side, step right foot to right side, allowing your body to turn naturally to right corner 1/8 turn right.
- 5, 6 Walk forward to 1:30 (right corner) left, right.
- 7,8 Step forward on left foot, pivot a 3/8 turn right taking weight onto right foot.

SECTION 2 – STEP LEFT, TOUCH RIGHT WITH FINGER CLICKS, STEP RIGHT TOUCH LEFT WITH FINGER CLICKS, FOUR HIP BUMPS ON LEFT.

- 9, 10 Step left foot to left side, touch right toe behind left foot, swinging your arms to the left and clicking fingers as you touch right toe behind left foot.
- 11, 12 Step right foot to right side, touch left toe behind right foot, swinging your arms to the right and clicking fingers as you touch left toe behind right foot.
- 13,14,15,16 Stepping left foot to left side, bump hips to left four times taking weight onto left foot.

SECTIONS 3 & 4 – REPEAT SECTIONS 1&2!!

SECTION 5 – RIGHT CROSS ROCK SIDE, LEFT CROSS ROCK SIDE, RIGHT JAZZ BOX WITH ¼ TURN RIGHT.

- 33&34 Rock right foot across left, recover onto left foot, step right foot to right side.
- 35&36 Rock left foot across right, recover onto right foot, step left foot to left side.
- 37-40 Step right foot across left, step left foot back, step right foot to right side making a ¼ turn right, step left foot beside right.

SECTION 6 – RIGHT KICK & POINT, LEFT KICK & POINT, RIGHT JAZZ BOX CROSS WITH A ¼ TURN RIGHT.

- 41&42 Kick right foot forward, step right foot in place, point left foot to left side.
- 43&44 Kick left foot forward, step left foot in place, point right toe to right side.
- 45-48 Step right foot across left, step left foot back, step right foot to right side making a ¼ turn right, step left foot across right.

SECTIONS 7 & 8 – STEP OUT RIGHT LEFT, HOLD & HIP ROLL, REPEATX3

- &49,50 Step right foot to right side, step left foot to left side, hold.
- 51,52 Roll hips from right to left, weight ending on left foot.
- &53-64 Repeat sequence above three times, each time stepping right foot beside left to start sequence, so you are travelling slightly to left, rather than on the spot.

Start again

Sequencing of this dance!!!!

For walls 2, 4 & 6, you only go as far as the end of section 7, so you only do 2 hip rolls at the end of the wall not four!!

Wall 5 – only do sections 1-4 then jump to sections 7&8, to fit the music!!!

To end the dance on wall 7, only dance section 1, then go into your section 7, repeating the hip rolls to the end of the music.

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