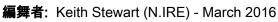
Start Again

拍數: 16

級數: Improver NC



音樂: Start Again - Ryan Dolan

#8 count introduction.

SECTION 1 – RIGHT STEP FORWARD, LEFT STEP PIVOT ½ TURN STEP RIGHT, RIGHT STEP PIVOT ½ TURN WITH GRAPEVINE ¼ TURN RIGHT, LEFT STEP PIVOT ½ TURN STEP RIGHT, FULL TURN LEFT. Step forward on right foot. Step forward on left foot, pivot a ½ turn right taking weight onto right foot, step forward on left foot. Step forward on right foot, pivot a ½ turn left taking weight onto left foot. Step right foot to right side, step left foot behind right, step right foot forward making a ¼ turn to right. Step left foot forward, pivot a ½ turn right taking weight onto right foot, step forward on left foot.

8& Make a ½ turn left stepping right foot back, make another ½ turn left stepping left foot forward.

SECTION 2 – RIGHT ROCK FORWARD, LEFT ROCK BACK, RIGHT ROCK BACK WITH A ½ TURN RIGHT, 2 STEPS FORWARD, RIGHT STEP PIVOT ½ TURN LEFT.

- 9, 10& Rock forward on right foot, recover onto left foot, step right foot beside left.
- 11,12& Rock back on left foot, recover onto right foot, step left foot beside right.
- 13, 14 Making a ¼ turn right, rock right foot back, recover onto left foot.
- &15 Walk forward right, left.
- 16& Step forward on right foot, pivot a ½ turn left, taking the weight onto left foot.

Start again!!

Tags – 2 counts, end of walls 3 & 7.

1-2 Stepping right foot to right side, sway right, left.

To finish the dance on wall 12, dance up to count 4&, then make another ½ left on count 5, stepping back on right foot and drag left foot in slowly to right as music ends.

Contact: kayandeff@hotmail.co.uk





H

牆數: 2