

Nobody But Me

COPPER **KNOB**
BY STEPHEN BATES

拍數: 32 牆數: 4 級數: Improver
編舞者: Julie Lockton (ES) & Richard Palmer (UK) - March 2016
音樂: Nobody But Me - Blake Shelton : (2:41)



Count in: 12 seconds (on vocals "don't")

SECTION ONE: STEP RIGHT, ROCK BACK RECOVER, STEP ¼ TURN LEFT, STEP ½ TURN STEP, RUMBA BOX

- 1-2&3 Step to the right, rock back on the left, recover onto right, step left to left side making a ¼ turn to 09:00
- 4&5 Step forward on the right, ½ turn pivot over left to 03:00, step forward on the right
- 6&7 Step left to left side, step right beside left, step forward on the left
- 8& Step right to right side, step back on the left

Restart here on wall 3

SECTION TWO: STEP RIGHT ¼ TURN, STEP BEHIND, STEP TO SIDE, CROSS ROCK RECOVER, STEP ¼ TURN, STEP ½ PIVOT, ROCKING CHAIR

- 1-2&3 Step on the right making ¼ turn to 06:00, step left behind right, step right to right side, rock onto left over right
- 4&5-6 Recover onto right, step left to left side making ¼ turn to 03:00, step forward on the right, pivot ½ left to 09:00
- 7&8& Rock forward on right, recover onto left, rock back on the right, recover onto left

SECTION THREE: WALK FORWARD RIGHT, LEFT, ROCK RECOVER POINT, SAILOR STEP, STEP PIVOT ½ TURN STEP

- 1-2-3& 4 Walk forward right, walk forward left, rock forward onto right, recover back onto left, point right to right side
- 5&6 Step right behind left, step left beside right, step forward on the right
- 7&8 Step forward on the left, pivot ½ turn over right shoulder to 03:00, step forward on the left

SECTION FOUR: WALK FORWARD RIGHT, WALK FORWARD LEFT, SHUFFLE FORWARD R/L/R, STEP, HOLD, SLOW ROCK LEFT, RECOVER ONTO RIGHT, STEP LEFT TO RIGHT

- 1-2-3&4 Walk forward right, walk forward left, shuffle forward right, left, right
- &5-6 Step left next to right (&), Step forward on the right (5), HOLD (6)
- 7-8& Slow Rock onto left (7), take weight onto right (8), step left next to right (&)

END OF DANCE!

Contacts:-

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Richard will be adding this track and dance to his "play list"