

# A Reason To Dance

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Peter Brotsch (USA) - February 2016  
音樂: Overcomer - Mandisa



**Intro: 36 counts in to the song (4 drum beats & 32 counts with the music)**

**Walk, Walk , Touch, Touch, Shuffle forward, ½ turn right**

1,2            Walk forward on right foot, walk forward on left foot  
3,4            Touch right toe forward ( lean back), touch right toe back (lean forward)  
5&6            Shuffle forward right, left, right  
7,8            Step forward on left, make a ½ turn right (weight to right foot)

**Walk, Walk, Touch, Touch, Shuffle forward, ¼ turn left**

1,2            Walk forward on left foot, walk forward on right foot  
3,4            Touch left toe forward (lean back), touch left toe back(lean forward)  
5&6            Shuffle forward left, right, left  
7,8            Step forward on right, make ¼ turn left (weight to left foot)

**Sailor shuffle, Cross, ¾ Unwind, Chasse right, Rock, Recover**

1&2            Step right behind left, step left in place, step on right  
3,4            Cross left toe behind right heel on right side, unwind ¾ turn left  
5&6            Step right to right side, step left next to right, step right to right side  
7,8            Rock back on left, recover to right

**Chasse left, Rock, Recover, Hip bumps**

1&2            Step left to left side, step right next to left, step left to left side  
3,4            Rock back on right, recover to left  
5&6            Step forward on right, bump hips left, right  
7&8            Step forward on left, bump hips right, left (weight on left)

**Repeat**

**TAG: At the end of the 4th wall**

1 – 4            Repeat the hip bumps 5&6, 7&8

**Contact: Submitted by: Janis Graves - dancinjan@hotmail.com**