

Strip Girls

拍數: 64 牆數: 4 級數: Improver
編舞者: Séverine Fillion (FR), Chrystel DURAND (FR) & Valérie DEL CAMPO (FR) -
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音樂: Long Legged Woman Dressed In Black - Shane Owens



Intro : Start dancing on lyrics

[1-8] HEEL HOOK HEEL HITCH, SLOW COASTER STEP, HOLD

1-4 Right heel fwd, right Hook cross over left leg, right heel fwd, Hitch right knee
5-8 Right step back, left next to right, right step fwd, Hold

[9-16] HEEL HOOK HEEL HITCH, SLOW COASTER STEP, HOLD

1-4 Left heel fwd, left Hook cross over right leg, left heel fwd, Hitch left knee
5-8 Left step back, right next to left, left step fwd, Hold

[17-24] HEEL FWD, TOGETHER, HEEL FWD, TOGETHER, STEP LOCK STEP FWD, HOLD

1-2 Right heel fwd, recover on right next to left
3-4 Left heel fwd, recover on left next to right
5-8 Right step fwd, lock left cross behind right, right step fwd, Hold

[25-32] (1/4 TURN RIGHT & POINT ON LEFT SIDE, HITCH) 3 X, 1/4 TURN RIGHT & POINT ON LEFT SIDE

1-2 1/4 Turn right & touch left toe to left side, Hitch left knee 3 :00
3-4 1/4 Turn right & touch left toe to left side, Hitch left knee 6 :00
5-6 1/4 Turn right & touch left toe to left side, Hitch left knee 9 :00
7-8 1/4 Turn right & touch left toe to left side, Hold 12 :00

[33-40] STEP LOCK STEP FWD, HOLD, SIDE RIGHT, STOMP UP, SIDE LEFT, STOMP UP

1-4 Left step fwd, lock right cross behind left, left step fwd, Hold
5-6 Right to right, Stomp-up left next to right
7-8 Left to left, Stomp-up right next to left

[41-48] STEP ½ TURN LEFT x2, VINE RIGHT 1/4 TURN RIGHT, ¼ TURN RIGHT & HOOK

1-2 Right step fwd, Turn 1/2 left (weight on left)
3-4 Right step fwd, Turn 1/2 left (weight on left)
5-7 Right to right, left cross behind right, ¼ turn right stepping right fwd
8 ¼ turn right with left Hook back 6 :00

[49-56] MAMBO CROSS LEFT, HOLD, MAMBO CROSS RIGHT, HOLD

1-4 Left to left, recover on right, left cross over right, Hold
5-8 Right to right, recover on left, right cross over left, Hold

[57-64] FULL TURN RIGHT TOE STRUTTING, TOE STRUT FWD, STEP ¼ TURN L

1-2 ½ turn right & left ball back, drop left heel on the floor
3-4 ½ turn right & right ball fwd, drop right heel on the floor
5-6 Left ball fwd, drop left heel on the floor
7-8 Right step fwd, Turn ¼ left (ending weight on left) 3 :00

TAG : At the end of wall 5 at 3 :00 add this 4 counts :

1-4 Right heel fwd, right Hitch & slap right hand on right thigh (x 2)

Enjoy & Smile !!

