

Freedom

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Ema Canola - January 2016
音樂: Freedom - Pharrell Williams



Start dancing after 32 counts...

I. TOUCH HEEL-CLOSE-TOUCH HEEL-CLOSE-LONG STEP-CLOSE-TURN ROCK RECOVER-TURN ROCK RECOVER

- 1 & 2 & Touch R heel forward, Close R beside L, Touch L heel forward, Close L beside R
- 3 – 4 Step R long forward, Close L beside
- 5 & 6 Turn ¼ Left rock R to side, Turn ¼ Right recover on L, Close R beside L
- 7 & 8 Turn ¼ Right rock L to side, Turn ¼ Left recover on R, Close L beside R

II. SYNCOPATED SIDE-CLOSE

- 1 & 2 & Step R to side, Close L beside R, Step R to side, Close L beside R
- 3 & 4 & Step L to side, Close R beside L, Step R to side, Close L beside R
- 5 & 6 & Step L to side, Close R beside L, Step L to side, Close R beside L
- 7 & 8 & Step R to side, Close L beside R, Step L to side, close R beside L

Restart here on wall 4 and wall 7

III. PADDLE TURN

- 1 & 2 & Step and bend R to side, Step L in place, Close R beside L, Turn ¼ Left step L in place
- 3 & 4 & Step and bend R to side, Step L in place, Close R beside L, Turn ¼ Left step L in place
- 5 & 6 & Step and bend R to side, Step L in place, Close R beside L, Turn ¼ Left step L in place
- 7 & 8 Step and bend R to side, Step L in place, Close R beside L

IV. HEEL GRIND-SIDE STEP-CLOSE-SIDE STEP- HEEL GRIND-SIDE STEP-CLOSE-SIDE STEP-HITCH-PIVOT-TOUCH

- 1 & 2 & Cross heel touch R slightly over L, Grind R heel and step L to side, Close R beside L, Step L to side
- 3 & 4 & Cross heel touch R slightly over L, Grind R heel and step L to side, Close R beside L, Step L to side
- 5 – 6 Hitch your R, Step R forward
- 7 – 8 Turn ½ Left Step L in place, Touch R beside L

RESTART on wall 4 and wall 7 after 16 counts(8x2)

Contact: ema.ambunsuri@gmail.com