

Xin Hua Kai

拍數: 96 牆數: 1 級數: Phrased High Beginner
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音樂: Xin Hua Kai By Li Cian Na



Introduction : 16 counts

[[[PART A]]]

Sec A1 : TOUCH FORWARD, TOUCH TOGETHER, CHASSE, (SIDE, TOUCH) * 2

1-2 Touch right heel forward to right diagonal, touch RF next to LF
3&4 Step RF to right side, step LF next to RF, step RF to right side
5-8 Step LF to left side, touch RF next to LF, step RF to right side, touch LF next to RF

Sec A2 : □ TOUCH FORWARD, TOUCH TOGETHER, CHASSE, (SIDE, TOUCH) * 2

1-2 Touch left heel forward to left diagonal, touch LF next to RF
3&4 Step LF to left side, step RF next to LF, step LF to left side
5-8 Step RF to right side, touch LF next to RF, Step LF to left side, touch RF next to LF

Sec A3 : □ SIDE TOUCH, 1/2 TURN RIGHT, TOGETHER, SIDE TOUCH, TOGETHER, (SIDE TOUCH, TOGETHER) * 2

1-4 Touch RF to right side, make 1/2 turn right stepping RF next to LF, touch LF to left side, step LF next to RF (6:00)
5-8 Touch RF to right side, step RF next to LF, touch LF to left side, step LF next to RF

Sec A4 : □ SHUFFLE FORWARD, 1/2 TURN RIGHT, FLICK, SHUFFLE FORWARD, MAMBO RIGHT, MAMBO LEFT

1&2& Step RF forward, step LF next to RF, step RF forward, Make 1/2 turn right flicking LF behind RF (12:00)
3&4 Step LF forward, step RF next to LF, step LF forward
5&6 Step RF to right side, step LF in place, step RF next to LF
7&8 Step LF to left side, step RF in place, step LF next to RF

Sec A5 : □ (SIDE, TOUCH TOGETHER) * 2, HEELS SWIVELS

1-4 Step RF to right side, touch LF next to RF, step LF to left side, touch RF next to LF
5-8 Swivel both heels to the right, left, right, left

Sec A6 : □ (BUMP HIPS RIGHT TWICE, BUMP HIPS LEFT TWICE) * 2

1-2 Step RF in place bumping hips to right twice. At the same time, straighten right hand forward with palm facing up.
3-4 Step LF in place bumping hips to left twice. At the same time, straighten left hand forward with palm facing up and put the left palm on top of right palm.
5-6 Step RF in place bumping hips to right twice. At the same time, tap right shoulder twice with clenched fists.
7-8 Step LF in place bumping hips to left twice. At the same time, tap left shoulder twice with clenched fists.

Sec A7 : □ RIGHT DIAGONAL STROLLS, LEFT DIAGONAL STROLLS

1&2& Make 1/8 turn right to right diagonal stepping RF forward, step LF behind RF,
3&4 Step RF forward, step LF behind RF, step RF forward, step LF behind RF, step RF forward (1:30)
5&6& Make 1/4 turn left to left diagonal stepping LF forward, step RF behind LF,
7&8 Step LF forward, step RF behind LF, step LF forward, step RF behind LF, step LF forward (10:30)

Sec A8 : □(KNEE TURN, HOLD) * 2, KNEE TURNS

- 1-4 Press right knee in toward LF, hold, press left knee in toward RF, hold
5-8 Keep weight on LF and press right knee toward front twice

[[[PART B]]]

Sec B1 : □(CROSS BEHIND, RECOVER, TOGETHER, HOLD) * 2

- 1-4 Cross step RF behind LF lifting LF off floor, recover onto LF, step RF next to LF, hold
5-8 Cross step LF behind RF lifting RF off floor, recover onto RF, step LF next to RF, hold

Sec B2 : □(SIDE, TOUCH BEHIND) * 2, RIGHT KNEE TURNS (OUT-IN-OUT-IN)

- 1-4 Step RF to right side, touch LF behind RF, step LF to left side, touch RF behind LF
5-8 Keep weight on LF and press right knee out-in-out-in

Sec B3 : □REPEAT Sec B1

Sec B4 : □SWAYS

- 1-4 Sway hips to right, left, right, left.

Hand Movements : Touch right cheek with right hand, touch left cheek with left hand, raise two hands up, wave two hands down to draw circle.

- 5-8 Sway hips to right, left, right, left

Hand Movements : Touch right cheek with right hand, touch left cheek with left hand, wave two hands from sides back to the top of head, make a heart shape.

[[[TAG]]]

Sec t1: □TOE STRUTS

- 1-4 Touch right toe forward, drop right heel, touch left toe forward, drop left heel
5-8 Repeat 1-4

Sec t2: □(BACK, TOUCH SIDE) * 4

- 1-4 Step RF back, touch LF to left side, step LF back, touch RF to right side
5-8 Repeat 1-4

Sec t3: □RIGHT CHASSE, LEFT CHASSE, FULL RIGHT TURN, TOUCH TOGETHER

- 1&2 Step RF to right side, step LF next to RF, step RF to right side
3&4 Step LF to left side, step RF next to LF, step LF to left side
5-8 Execute a full right turn stepping RF, LF, RF, touch LF next to RF

Sec t4: □LEFT CHASSE, RIGHT CHASSE, FULL LEFT TURN, TOUCH TOGETHER

- 1&2 Step LF to left side, step RF next to LF, step LF to left side
3&4 Step RF to right side, step LF next to RF, step RF to right side
5-8 Execute a full turn left stepping LF, RF, LF, touch RF next to LF

Have fun !

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