

Electric

拍數: 64 牆數: 2 級數: Newcomer / Beginner
編舞者: Montse Garres (ES) & Miguel Angel Sanjuan (ES) - March 2016
音樂: Electric - Auryn



Traslation by: Miguel Ángel Sanjuán "Wild West LD&CWD"

[1 – 8]: □ OUT-OUT(R-L), HOLD, IN-IN(R-L), HOLD, KICK BALL CROSS R (x2)

- 1 – 2 & Open right fwd to right diagonal, Hold
- 3 – 4 Open Lf fwd on Lf diagonal, Hold
- 5 – 6 Kick right foot diagonally right, cross Lf foot over right foot.
- 7 – 8 Kick right foot diagonally right, cross Lf foot over right foot.

[9-16]: □ SIDE ROCK R, BEHIND BACK-SIDE-CROSS, ¼ TURN HEEL GREEN L, COASTER STEP L

- 9 – 10 & Open right foot to right, cross right foot behind Lf foot.
- 11 – 12 Open Lf foot to Lf, cross right foot over Lf foot.
- 13 & 14 Mark heel Lf foot and ¼ turn to Lf.
- 15 & 16 Step back Lf foot, step back right beside Lf foot, step Lf foot.

[17-24]: □ RUMBA BOX & SHUFFLE FWD R, SIDE L, TOGETHER, COASTER STEP L

- 17 – 18 Step right to right side, raise Lf foot to right foot side,
- 19 – 20 Step right foot fwd, Lf foot together right foot to side, front, step right fwd
- 21 – 22 Step left to the Lf, together right beside left foot
- 23 – 24 Step back Lf foot, right foot step back beside Lf, step fwd Lf foot

[25-32]: □ ROCK RECOVER FWD R, SHUFFLE BACK R, ROCK RECOVER BACK L, SHUFFLE FWD L

- 25 – 26& Step right foot fwd, swinging back.
- 27 & 28 Step right foot back, Lf foot together right foot to side, step right back
- 29 & 30 Step back Lf foot, swing fwd
- 31 & 32 Step Lf back pivot, step right back, raise left beside right foot

[33-40]: □ (WALK FULL CIRCLE) ¼ WARK FWD R-L, SHUFFLE R ½, WARK FWD L-R ¼, SHUFFLE L ½

- 33-34 ¼ Turn walking right foot, step Lf foot,
- 35 & 36 Step right foot fwd, Lf foot together right foot to side, step right fwd
- 37-38 ¼ Turn walking step left, step right
- 39 & 40 Step Lf foot fwd, raise right foot to the Lf foot side, step Lf fwd

[41-48]: □ SYNCOPATED ROCK FWD R, HOLD, ROCK FWD L, HOLD, WALK BACK L-R, COASTER STEP L

- 41-42 & Step fwd right foot, Hold.
- 43-44 & Step fwd Lf foot, Hold.
- 45-46 Step back Lf foot, right foot step back.
- 47 & 48 Step back Lf foot, right foot beside v foot, step fwd Lf.

[49-56]: □ ¼ TURN JAZZ BOX R, HIP BUMP R-L

- 49 & 50 Cross right foot over Lf foot, step back left foot
- 51-52 ¼ Turn right step right foot, Lf foot together right.
- 53 & 54 Mark point straight ahead and lift right hip up (Bump) foot.
- 55 & 56 Mark fwd with the Lf foot and hit with Lf hip up (Bump) tip.

[57-64]: □ HIP BUMP R-L, BACK x4 WITH KNEE POPS (R-L-R-L)

- 57 & 58& Step back on Rf poppoing L knee fwd, Step back on Lf poppoing R knee fwd
- 59 & 60& Step back on Lf poppoing R knee fwd, Step back on R poppoing Lf knee fwd

61 & 62& Step back on Rf poppoing L knee fwd, Step back on Lf poppoing R knee fwd
63 & 64 Step back on Lf poppoing R knee fwd, Step back on R poppoing Lf knee fwd

REPEAT

Enjoy & Have Fun!!!!

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