

Oh, Oh! (zh)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jo Kinser (UK), John Kinser (UK) & Mark Furnell (UK) - 2011年01月
音樂: Oh, Oh! (Radio Edit) (feat. Angelika) - Jeremy Amelin



前奏: Start 48 counts in 48拍後起跳

第一段 Kick, Kick & Switch & Switch &, Kick, Kick & Switch & Switch

- 1,2&3 Kick Rt heel fwd, Kick Rt heel fwd, Step Rt next to Lt, Touch Lt to Lt (12:00) 右足前踢, 右足前踢, 右足併踏, 左足併點
- 8&4 Step Lt next to Rt, Touch Rt to Rt, Step Rt next to Lt
左足併踏, 右足右點, 右足併踏
- 5,6&7 Kick Lt heel fwd, Kick Lt heel fwd, Step Lt next to Rt, Touch Rt to Rt 左足前踢, 左足前踢, 左足併踏, 右足右點
- 8&8 Step Rt next to Lt, Touch Lt to Lt (12:00)
右足併踏, 左足左點(面向12點鐘)

第二段 Sailor Step, Sailor Fwd, Pimp Walk With Shimmys

- 1&2 Step Lt behind Rt, Step Rt to Rt, Step Lt to Lt
左足於右足後踏, 右足右踏, 左足左踏
- 3&4 Step Rt behind Lt, Step Lt to Lt, Step Rt fwd
右足於左足後踏, 左足左踏, 右足前踏
- 5,6 Step Lt fwd, Step Rt next to Lt (Shimmy Shoulders)
左足前踏, 右足併踏(抖動肩膀)
- 7,8 Step Lt fwd, Step Rt next to Lt (Shimmy Shoulders) (12:00)
左足前踏, 右足併踏(抖動肩膀)(面向12點鐘)

第三段 Rock Step, Triple 1/2 Turn, 1/4 Turn Together, Triple 1/4 Turn

- 1,2 Rock Lt fwd, Replace weight Rt (12:00)
左足前下沉, 右足回復(面向12點鐘)
- 3&4 Make 1/4 turn Lt stepping Lt to Lt, Step Rt next to Lt, Make 1/4 turn Lt stepping Lt fwd (6:00)
左轉90度左足左踏, 右足併踏, 左轉90度左足前踏(面向6點鐘)
- 5,6 Make 1/4 turn Lt stepping Rt a big step to the Rt, Step Lt next to Rt (Wipe the sweat from your forehead) (3:00)
左轉90度右足右一大步, 左足併踏(手勢:做從額頭擦去汗水的動作)
- 7&8 Step Rt to Rt, Step Lt next to Rt, Make 1/4 turn Rt stepping Rt fwd (6:00) 右足右踏, 左足併踏, 右轉90度右足前踏(面向6點鐘)

第四段 Step 1/2 Turn, Step 1/2 Back, Coaster Step, Full Turn In place

- 1,2 Step Lt fwd, Make 1/2 turn Rt (weight Rt) (12:00)
左足前踏, 右轉180度重心在右足(面向12點鐘)
- 3,4 Step Lt fwd, Make 1/2 turn Lt stepping Rt back (6:00)
左足前踏, 左轉180度右足後踏(面向6點鐘)
- 5&6 Step Lt back, Step Rt next to Lt, Step Lt fwd
左足後踏, 右足併踏, 左足前踏
- 7,8 Make 1/2 turn Lt stepping Rt back, Make 1/2 turn Lt (in place) stepping Lt next to Rt (6:00)
左轉180度右足後踏, 左轉180度(原地轉)左足併踏(面向6點鐘)

第五段 Rock Fwd, Rock Side, & Side, Swivels X3

- 1,2 Rock Rt fwd, Replace weight Lt (6:00)
右足前下沉, 左足回復(面向6點鐘)
- 3,4 Rock Rt to Rt, Replace weight Lt 右足右下沉, 左足回復

- &5 Step Rt next to Lt, Step Lt to Lt (weight centered)
右足併踏, 左足左踏(重心在雙腳)
- 6-8 Swivel heels Lt, Swivel toes Lt, Swivel heels Lt (weight Lt) (7:30)
雙足踵向左旋轉, 雙足趾向左旋轉, 雙足踵向左旋轉(重心在左足)(7:30)

第六段 Coaster Step, Rock Fwd & Rock Back, Walk Walk

- 1&2 Step Rt back, Step Lt next to Rt, Step Rt fwd (7:30)
右足後踏, 左足併踏, 右足前踏(面向7:30)
- 3,4 Rock Lt fwd, Replace weight Rt 左足前下沉, 右足回復
- &5,6 Step Lt next to Rt, Rock Rt back, Recover weight Lt
左足併踏, 右足後下沉, 右足回復
- 7,8 Walk fwd Rt, Lt (7:30) 右足前走, 左足前走(面向7:30)

第七段 Pivot 1/2 Turn, Step Lock, Walk, Walk, Turn, Side

- 1,2 Pivot 1/2 turn Rt, Step Rt fwd (1:30)
右軸轉180度, 右足前踏(面向1:30)
- 3,4 Step Lt fwd, Lock Rt behind Lt 左足前踏, 右足於左足後鎖踏
- 5,6 Step Lt fwd, Step Rt fwd 左足前踏, 右足前踏
- 7,8 Pivot 1/2 turn Lt (weight Lt) (7:30), Make 1/8 turn Lt stepping Rt to Rt (6:00)
左軸轉180度(重心在左足)(面向7:30), 左轉45度右足右踏(面向6點鐘)

第八段 Weave, Rock 1/4, Full Turn, 3/4 Turn

- 1&2 Step Lt behind Rt, Step Rt to Rt, Step Lt over Rt (6:00)
左足於右足後踏, 右足右踏, 左足於右足前交叉踏(面向6點鐘)
- 3,4 Rock Rt to Rt, Make 1/4 turn Rt replacing weight Lt (9:00)
右足右下沉, 右轉90度重心在左足(面向9點鐘)
- 5,6 Make 1/2 turn Rt stepping Rt fwd (3:00), Make 1/2 turn Rt stepping Lt back (9:00)
右轉180度右足前踏(面向3點鐘), 右轉180度左足後踏(面向9點鐘)
- 7,8 Make 1/2 turn Rt stepping Rt fwd (3:00), Make 1/4 turn Rt stepping Lt to Lt (6:00)
右轉180度右足前踏(面向3點鐘), 右轉90度左足左踏(面向6點鐘)

Easy Option: 3-8拍簡易版

- 3,4 Rock Rt to Rt, Replace weight Lt (6:00)
右足右下沉, 左足回復(面向6點鐘)
- 5-8 Grapevine Lt (Behind, Side, Across, Side)
左藤步(後, 側, 前, 側)
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