

Just Count On Me

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Heather Barton (SCO) - March 2016
音樂: Count On Me - Bruno Mars : (iTunes & Amazon)



Intro... count slow 8 counts start on vocals

[1-8] □ Forward Right Lock Step, & Left Lock Step, Mambo Left Forward, 2x ½ Turns Right

1&2& Step Right forward, step Left behind Right, step Right forward, step Left forward
3&4 Step right behind Left, step Left forward, step Right forward
5&6 Step Left forward, step Right beside Left, step Left back
7,8 ½ turn over right shoulder step forward right, ½ turn step back left

[9-16] □ Sweep Right Behind Side Cross, Rumba Back, Side Together ¼, Rumba Back

1&2 Sweep Right behind Left, step Left to left, cross Right over Left
3&4 Step Left to left, step Right beside Left, step Left back
5&6 Step Right to right side, step Left beside Right, ¼ turn right step forward Right
7&8 Step Left to left side, step Right beside Left, step Left back

[17-24] □ Back Lock Right, 2x ½ Turns Left Hook Left, Shuffle Diagonal Forward Left & Right

1&2 Step Right back, cross Left back over Right, step back Right
3,4 ½ turn left step forward on Left, ½ turn left step back Right & hook Left across Right
5&6 Step Left forward, step Right beside Left, step Left forward (slight diag)
7&8 Step Right forward, step Left beside Right, step Right forward (slight diag)

[25-32] □ Left Cross Rock Recover, Step Side, Cross & Heel Right, Cross, Side, ¼ Sailor Left

1&2 Cross rock Left over Right, Recover onto Right, step Left to left side
3&4 Cross Right over Left, step slightly back on Left, place Right heel forward
&5,6 Bring Right foot in and cross Left over Right, step Right to right side
7&8 Cross Left behind Right, ¼ turn left step Right to side, step Left to left side *****

[33-40] Step Right ½ Step, Shuffle Forward Left, Mambo Forward Right, Back Sweep Left & Right

1&2 Step Right forward, pivot 1/2 turn over left shoulder, step forward Right
3&4 Step Left forward, step Right beside Left, step forward Left
5&6 Step Right forward, step Left beside Right, step Right back
7,8 Sweep Left and step back, sweep Right and step back

[41-48] Sailor left ¼ turn left, shuffle forward right, mambo forward left, Rock back & touch R

1&2 Step Left behind Right, ¼ turn left step Right to side, step Left to left side
3&4 Step forward Right, step Left beside Right, step forward Right
5&6 Step Left forward, step Right beside Left, step back Left
7&8 Step Right back, recover left, touch right beside left

***** Restart: on wall 5 dance up to sailor ¼ turn count 32, and restart... you will be facing 12.o'clock

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