It's A Beautiful Day

拍數: 64

級數: Easy Improver

編舞者: Stephanie Chong (MY) - March 2016

音樂: Beautiful Day - Jermaine Edwards

SECTION ONE: (1-8) TOUCH OUT, TOUCH IN, STEP DRAG (RIGHT & LEFT)

- 1-2 Touch R to right side (1), Touch R beside L (2)
- 3-4 Step R to right side (3), Drag & touch L beside R (4)
- 5-6 Touch L to left side (5), Touch L beside R (6)
- 7-8 Step L to left side (7), Drag & touch R beside L (8) [12:00]

SECTION TWO: (9-16)□STEP LOCK STEPS, HITCHES (RIGHT & LEFT)

- 1-2-3-4 Step R diagonally to right side (1), Lock L behind R (2), Step R diagonally to right side (3), Hitch L (4)
- 5-6-7-8 Step L diagonally to left side (5), Lock R behind L (6), Step L diagonally to left side (7), Hitch R (8)

SECTION THREE: (17-24) GORWARD ROCKS, COASTER STEPS (RIGHT & LEFT)

- 1-2 Rock R forward (1), Recover on L (2)
- 3&4 Step R back (3), Step L beside R (&), Step R forward (4)
- 5-6 Rock L forward (5), Recover on R (6)
- 7&8 Step L back (7), Step R beside L (&), Step L forward (8) [12:00]

SECTION FOUR: (25-32) KICK FORWARD, STEP BACK, TOUCH, 1/4L, JAZZ BOX CROSS

- 1-2 Kick R forward (1), Step R back (2)
- 3-4 Touch L behind R (3), Unwind ¼ L shifting weight to L (4)
- 5-6-7-8 Cross R over L (5), Step L back (6), Step R to side (7), Cross L over R (8) [9:00]

SECTION FIVE: (33-40) VINE 8 (RIGHT)

- 1-2-3 Step R to R side (1), Cross L behind R (2), Turn ¼ R stepping fwd on R (3)
- 4-5 Step L forward (4), Turn ¹/₂ R onto R foot (5)
- 6-7-8 Turn ¼ R stepping L to L side (6), Cross R behind L (7), Step L to L side (8) [9:00]

SECTION SIX: (41-48) CROSS POINT, BACK POINT, JAZZ BOX TOUCH

- 1-2 Cross R over L (1), Point L to side (2)
- 3-4 Cross L behind R (3), Point R to side (4)
- 5-6-7-8 Cross R over L (5), Step L back (6), Step R to side (7), Touch L beside R (8) [9:00]

SECTION SEVEN: (49-56)□VINE 8 (LEFT)

- 1-2-3 Step L to L side (1), Cross R behind L (2), Turn ¹/₄ L stepping fwd on L (3)
- 4-5 Step R forward (4), Turn ½ L onto L foot (5)
- 6-7-8 Turn ¹/₄ L stepping R to R side (6), Cross L behind R (7), step R to R side (8) [9:00]

SECTION EIGHT: (57-64) CROSS POINT, BACK POINT, JAZZ BOX TOUCH

- 1-2 Cross L over R (1), Point R to side (2)
- 3-4 Cross R behind L (3), Point L to side (4)
- 5-6-7-8 Cross L over R (5), Step R back (6), Step L to side (7), Touch R beside L (8) [9:00]

No Tags, No Restarts

HAPPY DANCING

**Note: A big thank you to my friend, Mina who suggested this beautiful music with such meaningful lyrics.





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牆數:4