Circle Polka (P)

拍數: 32

級數: Beginner Partner / Circle

編舞者: Unknown - March 2016

音樂: Una Paloma Blanca - Bobby Vinton

Position: Form a circle, man stands next to the lady on the left, holding lady's hands in sweetheart position; or hand in hand and travel forward together in a circle.

Intro: 16 counts

Heel Touch, Together, Toe Tap Back Twice, Heel Touch, Together, Heel Touch, Heel Hook

- 1-2 Touch L heel diagonally to left, step L next to R
- 3-4 Touch R toe back twice
- 5-6 Touch R heel diagonally to right, step R next to L
- 7-8 Touch L heel diagonally to left again, hook L heel across R in the form of figure 4

4 Shuffles Forward

- 1&2 L shuffle forward stepping left-right-left
- 3&4 R shuffle forward stepping right-left-right
- 5&6 L shuffle forward stepping left-right-left
- 7&8 R shuffle forward stepping right-left-right

Walk x3 towards Left diagonal, Kick Left with your R; Walk x3 towards Right diagonal, Kick Right with your L

- 1-4 Walk left 3 steps, kick to diagonal left with your R
- 5-8 Walk right 3 steps, kick to diagonal right with your L

Step, Kick; Step, Kick; Walk Step Forward x 2; Stomp x 2

- 1-2 Step L to left, kick left with your R
- 3-4 Step R next to L, kick right with your L
- 5-6 Walk forward stepping left-right
- 7-8 Stomp twice left-right

REPEAT

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牆數: 0