

Sweet Dreams For You

COPPER KNOB
BY SHEETS

拍數: 54 牆數: 2 級數: Intermediate waltz
編舞者: Kathy Heller (USA) - March 2016
音樂: Sweet Dreams - Jewel : (CD: Lullaby - iTunes)



Start: on vocals (36 count intro)

[1-2-3] □ STEP FORWARD, KICK , HOLD

1-2-3 Step forward on left (1), kick right forward (2), hold (3) (12)

[4-5-6] □ ¼ TURN RIGHT, SWAY

4-5-6 Turning ¼ right, step right to side right and sway (RLR) (4-5-6) (3)

[7-8-9] □ CROSS, UNWIND ¾ TURN RIGHT

1-2-3 Cross left over right (1) and unwind ¾ turn right (2-3) (12)

[10-11-12] □ STEP BACK, POINT, HOLD

4-5-6 Step back on right (4), point left to side left (5), hold (6) (12)

[13-14-15] □ ¼ TURN LEFT & WEAVE RIGHT

1-2-3 Turning ¼ left, cross left over right (1), step right to side right (2), left behind right (3) (9)

[16-17-18] □ STEP, SLIDE

4-5-6 Step right to side right (4), slide left next to right over 2 counts (5-6) (9)

(Restart here on wall 4 – you will be facing 3 o'clock – turn ¼ left and you will be restarting at 12 o'clock)

[19-20-21] □ ¼ TURN LEFT 2X, STEP IN PLACE

1-2-3 Turning ¼ left step forward on left (1), turning ¼ left step back on right (2), step left next to right (3) (3)

[22-23-24] □ STEP FORWARD, POINT, HOLD

4-5-6 Step forward on right (4), point left to side left (5), hold (6) (3)

(Ending here – you will be facing 3 o'clock)

[25-26-27] □ WEAVE RIGHT

1-2-3 Cross left over right (1), step right to side right (2), step left behind right (3) (3)

[28-29-30] □ STEP, SLIDE

4-5-6 Step right to side right (4), slide left next to right over 2 counts (5-6) (3)

[31-32-33] □ ¾ TURN LEFT

1-2-3 Turning ¼ left, step forward on left (1), turn ½ left stepping back on right (2) step left next to right (3) (6)

[34-35-36] □ COASTER

4-5-6 Step back on right (4), step left together (5), step forward on right (6) (6)

[37-38-39] □ STEP FORWARD L, STEP FORWARD R, PIVOT ½ TURN LEFT

1-2-3 Step forward on left (1), step forward on right (2), pivot ½ turn left (3) (12)

[40-41-42] □ ¾ TURN RIGHT

4-5-6 Turning ¼ right, cross right over left (4), step forward on left (5), pivot ½ turn right (6) (3)

[43-44-45] □ STEP FORWARD, KICK, HOLD

1-2-3 Step forward on left (1), kick right forward (2), hold (3) (3)

[46-47-48] □ STEP BACK, TOUCH, HOLD

4-5-6 Step back on right (4), touch left back (5), hold (6) (3)

[49-50-51] □ ¼ TURN CROSS, SIDE ROCK

1-2-3 Turning ¼ left cross left over right (1), step right to side right (2), return weight on left (3) (6)

[52-53-54] □ CROSS, POINT HOLD

4-5-6 Cross right over left (4), point left to side left (5), hold (6) (6)

RESTART: On wall 4 dance through counts 1-18. You will be facing 3 o'clock with your left touching next to right after dragging. Turn ¼ left to face the 12 o'clock wall and restart.

ENDING: Dance through counts 1-24. You will be facing 3 o'clock with your left pointing to side left. Cross left over right (1) , step right to side right (2), pivot ¼ left (3), step forward on right (4), hold (5-6). You will end facing 12 o'clock.

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