

Next To Me (zh)

拍數: 80 牆數: 2 級數: Intermediate
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音樂: Ilse DeLange - Next To Me



前奏: start after 32 count intro on verse vocals

第一段 R side, hold, L tog, R side, L touch tog, L side rock/recover, L sailor

- 1-2 Step R side, hold 右足右踏, 候
&3-4 Step L together, step R side, touch L together
左足併踏, 右足右踏, 左足併點
5-6 Rock L side, recover weight on R 左足左下沉, 右足回復
7&8 Cross L behind R, step R side, step L side
左足於右後交叉踏, 右足右踏, 左足左踏

第二段 L weave 4, R fwd rock/recover, ½ R shuffle

- 1-6 Cross R over L, step L side, cross R behind L, step L side, R cross rock, L recover
右足於左足前交叉踏, 左足左踏, 右足於左足後交叉踏, 左足左踏, 右足於左足前交叉下沉, 左足回復
7&8 Turning ½ right step R forward, step L together, step R together (6 o'clock) 右轉180度右足前踏,
左足併踏, 右足併踏(面向6點鐘)

第三段 L side, hold, R tog, L side, R touch tog, R side rock/recover, R sailor

- 1-2 Step L side, hold 左足左踏, 候
&3-6 Step R together, step L side, touch R together, rock R side, recover weight on L 右足併踏, 左足左踏,
右足併點, 右足右下沉, 左足回復
7&8 Cross R behind L, step L side, step R side
右足於左足後交叉踏, 左足左踏, 右足右踏

第四段 R weave 4, L cross rock/recover, ¼ L shuffle

- 1-6 Cross L over R, step R side, cross L behind R, step R side, L cross rock, R recover 左足於右足前
交叉踏, 右足右踏, 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉下沉, 右足回復
7&8 Turning ¼ left step L forward, step R together, step L forward (3 o'clock) 左轉90度左足前踏, 右足
併踏, 左足前踏(面向3點鐘)

第五段 Walk forward or turn 2, R fwd, ½ L pivot turn, R fwd shuffle, L fwd, ¼ R pivot turn

- 1-4 Step R forward, step L forward (or full turn left), step R forward, pivot ½ left (9 o'clock)
右足前踏, 左足前踏(或左轉圈), 右足前踏, 左軸轉180度(面向9點鐘)
5&6 Step R forward, step L together, step R forward
右足前踏, 左足併踏, 右足前踏
7-8 Step L forward, pivot ¼ right (12 o'clock)
左足前踏, 右軸轉90度(面向12點鐘)

第六段 R weave 2, L sailor, cross R over L, L & R back, L cross over R

- 1-2 Cross step L over R, step R side
左足於右足前交叉踏, 右足右踏
3&4 Cross L behind R, step R side, step L side
左足於右足後交叉踏, 右足右踏, 左足左踏

5-8 Cross R over L, step L back, step R back, cross L over R (all travelling back)
右足於左足前交叉踏, 左足後踏, 右足後踏, 左足於右足前交叉踏(全部往後移動)

第七段 R back, ¼ L & L side, R cross rock/recover, R chasse, L cross rock/recover

1-4 Step R back, turning ¼ left step L side, cross rock R over L, recover weight on L (9 o'clock)
右足後踏, 左轉90度左足左踏, 右足於左足前交叉下沉, 左足回復(面向9點鐘)

5&6 Step R side, step L together, step R side
右足右踏, 左足併踏, 右足右踏

7-8 Cross rock L over R, recover weight on R
左足於右足前交叉下沉, 右足回復

第八段 L & R back diagonal step touches, L rock back/recover, L diagonal fwd shuffle

1-6 Step L back on left diagonal, touch R together, step R back on right diagonal, touch L together,
rock L back, R recover
左足左斜角後踏, 右足併點, 右足右斜角後踏, 左足併點, 左足後下沉, 右足回復

7&8 On left diagonal step L forward, step R together, step L forward
左足左斜角前踏, 右足併踏, 左足前踏

第九段 R fwd rock/recover, R chasse, L fwd rock/recover, ½ L shuffle

1-2 Towards 7:30 rock R forward, recover weight on L (7.30 o'clock)
面向7:30右足前下沉, 左足回復(面向7:30)

3&4 R side shuffle turning towards 11:30 (11.30 o'clock)
右交換轉面向11:30

5-6 Rock L forward, recover weight on R 左足前下沉, 右足回復

7&8 ½ L shuffle turning towards 5:30 (5.30 o'clock)
左180度轉交換(面向5:30)

第十段 R fwd rock/recover, ½-ish R shuffle squaring to wall, L fwd, ½ R pivot, L fwd shuffle

1-2 Rock R forward, recover weight on L 右足前下沉, 左足回復

3&4 ½-ish R shuffle squaring to 12 o'clock (12 o'clock)
右180度轉交換(轉正面向12點鐘)

5-6 Step L forward, pivot ½ R (6 o'clock)
左足前踏, 右軸轉180度(面向6點鐘)

7&8 Step L forward, step R together, step L together
左足前踏, 右足併踏, 左足併踏
