

Lucky Day

拍數: 32 牆數: 4 級數: Improver
編舞者: Michelle Risley (UK) - March 2016
音樂: Lucky Day - Sasha



Count In: □ 16 counts from start of track (16 sec), on vocal. Approx 101 bpm

[1-8] □ Stomp Out R,L,R, flick Step, Stomp L,R, Heel Hook Heel □

1-2 Stomp Right foot to right side, Stomp Left foot to left side. □ 12
3&4 Stomp Right foot to right side, Flick Right foot behind Left knee, Stomp Right foot to Right Side □ 12
5-6 Stomp Left foot to Left side, Stomp Right foot to Right Side □ 12
7&8 Tap Left Heel Forward, Hook Left foot in front of Right Leg, Tap Left heel Forward □ 12

Styling □ Add a swing/sway to stomps! (counts 1-2 & 5-6) □

[9-16] □ Rock Step, Shuffle, ¼ Pivot, Cross Shuffle □

&1-2 Step Left to place, Rock Forward on Right foot, Recover onto Left □ 12
3&4 Step forward on Right, Together Left, Step forward on Right □ 12
5-6 Step forward Left, Pivot ¼ Right □ 3
7&8 Step Left over Right, Side Right, Cross Left over Right □ 3

Styling □ □ Add a swing/sway to rock! (counts &1-2) □

Restart □ Wall 4 – Start facing 3oc Restart after cross shuffle facing Back Wall □ (6:00)

[17-24] □ & Cross Rock Steps, Half Turning Jazz, Shuffle Forward □

&1 2 Step Right to Side, Cross Rock Left over Right, Recover Right □ 3
& 3 4 Step Left to Place, Cross Rock Right over Left, Recover Left □ 3
& 5-6 Step Right to Place, Cross Left over Right, ¼ Left Stepping Back on Right (Travel Backwards) □ 12
7&8 (¼ Left Shuffle) Left Step to Side, Step Right Together, ¼ Left Step Forward Left □ 9

[25-32] □ Step Half Pivot, Shuffle Half, Coaster Step, Kick Ball Drag □

1-2 Step Forward Right, Pivot Half Turn Left □ 3
3&4 Half Turning Shuffle Left Travelling backwards □ 9
5&6 Step Back on Left, Together Right, Step forward Left □ 9
7&8 Kick Right Forward, Step together, Take a Large Step Forward dragging Right towards Left □ 9

TAG: □ Complete wall 6 you will be facing 9oc add the following 8 Counts then start dance from count 1 □ 9

Two Pivot Half Turns, Toe Strut Jazz Box Cross

1-4 – Step Forward Right, Pivot ½ Turn Left, Step Forward Right, ½ Pivot Left
5-8 – Cross Strut, Back Strut, Side Strut, Cross Strut

Give it plenty of Styling with Finger clicks!

Ending: □ Wall 8 Big Step forward on Right (Count 25) Facing Front Wall □ 12

START AGAIN – HAVE FUN

Michelle: michellerisley@hotmail.co.uk - 07808 772987 - www.peace-train.co.uk

Last Update - 24th March 2016