

7 Years

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ann & Gary Spurway (UK) - March 2016
音樂: 7 Years - Lukas Graham



Start On Vocals

Right Lock Step Forward Hitch ,Left Lock Forward Hitch

1-2 step forward on right ,step left slightly behind right
3-4 step forward on right ,hitch left
5-6 step forward on left ,step right slightly behind left
7-8 step forward on left ,hitch right

Run Back Right, Left, Right, Hitch ,Stomp Right, Left ,Right,Left

1-4 step back on right ,left , right, hitch left
5-8 stomp right ,left, right,left

Grapevine Right ,Grapevine Left

1-4 step right to side ,step left behind right ,step right to side,tap left next to right
5-8 step left to side ,right behind left ,left to side ,tap right to side

Slide Right Step Left ¼ Turn Together

1-4 big step to right and slide left to it
5-8 step left to side doing a quarter turn to left ,slide right to it

Repeat Again - No Tags Or Restarts

One Of My Students Came To Me Last Week With This Dance
And Asked What I Thought Of It And We Found This Song To Go With It
Any Feedback Would Be Great
