

Heartaches

拍數: 32 牆數: 4 級數: Improver
編舞者: David Ackerman (USA) - March 2016
音樂: Heartaches By the Number - Cyndi Lauper



Count in: 32 counts from beginning of track.

(1-8) Side Chasse, Back Rock, Side Chasse, ¼ Turn Right

1&2 Step R to right side, Step L next to R, Step R to right side
3-4 Rock L back, Recover weight R
5&6 Step L to left side, Step R next to L, Step L to left side
7-8 Make a ¼ turn right stepping right foot back (3:00), Recover weight L

(9-16) Step Lock Step RLR, Scuff L, Cross L, Scuff R, Cross R, Scuff L

1-2 Step R forward, Lock L behind R
3-4 Step R forward, Scuff L
5-6 Cross R over L, Scuff R
7-8 Cross R over L, Scuff L

(17-24) ¼ Jazz Box left, Weave

1-2 Cross L over R, Step back R
3-4 Make ¼ left stepping L to left side(12:00), Cross R over L
5-6 Step L to left side, Step R behind L
7-8 Step L to left side, Cross R over L

(25-32) Side, Tap, Hip push RL, ¼ Jazz box right

1-2 Step L to left side, tap R next to L (Option: Hitch R knee or R kick low across L instead of tap)
3-4 Step R to right side pushing hips to right, Push hips to left side
5-6 Cross R over left, Step L back
7-8 Make a ¼ right stepping R to right side(3:00), Cross L over right

Tag: Done at the end of walls 3, 4 and 9

(1-4) Stomp R, Hold, Hold, Together

1-2 Stomp R to right side, Hold
3-4 Hold, Step L next to R.

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