

Sing It Out Loud

COPPER **KNOB**
BY STEPHAN LAWSON

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Stephan Lawson (FR) - March 2016
音樂: Sing It out Loud - Omi



Intro : 16 counts

[1-8] RIGHT KICK F.- R SIDE FLICK – RECOVER – L TOUCH – RECOVER– L STEP TURN-L SWEEP-STEP- HEEL BOUNCES

1-2 Right kick Forward, Right flick to right side
&3&4 Recover PF beside LF, Left toe to Left side, recover LF beside RF, RF forward
5-6 ½ right turn on LF with sweep
7&8 LF forward , heel bounces (&8)

[9-16] RIGHT STEP F. – L KICK– LEFT BACK– HOLD – RIGHT ¼ TURN-HOLD- CROSS AND CROSS

1-2 RF forward, Kick LF Forward
3-4 LF back (big step), Hold
&5-6 ¼ left turn on RF, Cross LF over RF, Hold
&7&8 Cross and cross LF over RF (restart here on wall 11)

[17- 24] RIGHT MAMBO CROSS- LEFT MAMBO CROSS- RIGHT ROCK STEP- JUMPS BACK - TOUCHES

1&2 Mambo cross RF to right side
3&4 Mambo cross LF to left side
5-6 Rock step forward RF
&7&8 Jump back on RF, touch LF beside RF, Jump back on LF, touch RF beside LF

[25- 32] RIGHT SIDE STEP-BEHIND SIDE CROSS-RIGHT ¼ TURN- RIGHT RUN ¾ TURN

1-2&3 RF on right side cross LF behind RF, RF on right side, cross LF over RF
4-5-6 Right ¼ turn on RF- LF forward , right ¼ turn ,Hold
7&8 Right ¾ turn (run x 3) LF,RF,LF

TAG: 4 counts (end of walls 2 and 7)

RIGHT STEP FORWARD – LEFT LINDY KICK FORWARD- LEFT BACK- RIGHT TOUCH

1-2 RF forward, Kick LF forward
3-4 LF back (big step)- Touch RF beside LF

HAVE FUN !!!!!!!!!!!!!

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