

# Breathing In Eternity

COPPERKNOB  
BY STEPHEN

拍數: 64  
編舞者: Lesley Kidd (UK) - February 2016  
音樂: Don't You Give up on Me - Lissie

牆數: 4

級數: Phrased Intermediate



Note: this dance has only one part but the number of counts per wall follows a repeating pattern of 64, 32, 48.  
No Tags Or Restarts.

Count in: 48 counts from start of drum beat (approx. 30 seconds)

## Section 1: Step Fwd Sweep, Cross, Side, Behind, sweep, Cross, Side

1-2 Step forward L, sweep R leg forwards  
3-4 Cross R over L, step L to L side  
5-6 Cross R behind L, sweep L leg back  
7-8 Cross L behind R, step R to R side

## Section 2: Step, Hitch, Back, Point, Hitch and Point, Hitch Ball Cross

1-2 Step forward L, making 1/8 turn to face R diagonal, hitch R  
3-4 Step R slightly back, point L foot to L side  
5&6 Hitch L knee, step L beside R, point R to R side  
7&8 Hitch R knee, step R beside L on the ball of the foot, cross L over R, straightening up to 12:00

## Section 3: Step 1/4, 1/4 Cross, Hinge 1/2 Turn, Cross Shuffle

1-2 Turn 1/4 R stepping R forward, step forward L making a 1/4 turn R  
3-4 Step R to R side, cross L over R  
5-6 Turn 1/4 L stepping R back, turn 1/4 L stepping L to L side  
7&8 Cross R over L, step L to L side, cross R over L

## Section 4: Side Rock, Back Rock, 1/4 Hook, Shuffle Forward

1-2 Rock L to L side, recover onto R,  
3-4 Rock L behind R, recover onto R  
5-6 Turn 1/4 R stepping back on L, hook R heel in front of L ankle  
7&8 Step forward R, step L beside R, step forward R

## Section 5: Jazz Box, 2X 1/4 Step Touches, 1/4 Step, Brush

1-2 Cross L over R, step back R  
3-4 Turn 1/4 L stepping L to L side, touch R beside L  
5-6 Turn 1/4 L stepping R to R side, touch L beside R  
7-8 Turn 1/4 L stepping L forward, brush R foot forward

## Section 6: Cross Rock, Side, Cross Rock, Side, Cross Shuffle

1-2 Rock R across L, recover onto L  
3-4 Step R to R side, Rock L across R  
5-6 Recover onto R, step L to L side  
7&8 Cross R over L, step L to L side, cross R over

## Section 7: Left Handed Figure of 8 Weave

1-2 Step L to L side, step R behind L  
3-4 Turn 1/4 L stepping L forward, step R forward  
5-6 Pivot 1/2 turn L, turn 1/4 left stepping R to R side  
7-8 Cross L behind R, turn 1/4 R stepping forward on R

## Section 8: Rocking Chair, Shuffle Fwd, Step, Spiral Turn

- 1-2 Rock forward L, recover onto R
- 3-4 Rock Back L, recover onto R
- 5&6 Step forward L, step R beside L, step forward L
- 7-8 Step forward R, make a full turn stepping onto L and lifting R foot

**Number of counts per wall:**

**Wall one 64 counts**

**Wall two 32 counts**

**Wall three 48 counts**

**Wall four 64 counts**

**Wall five 32 counts**

**Wall six 48 counts**

**Wall seven 64 counts**

**Wall eight 32 counts**

**Wall nine 48 counts**

**Enjoy**

**Contact: [lesleykidd18@sky.com](mailto:lesleykidd18@sky.com)**

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