

Ah Girl

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Gabby Parker (SA) - March 2016
音樂: Girl – The Beatles, Love version



Intro: 32 count

SECTION 1 : ROLLING TURN WITH A HOLD , WEAVE WITH A ROCK RECOVER

1-3 Step to right, making a $\frac{1}{4}$ turn right, $\frac{1}{2}$ turn stepping back on left, $\frac{1}{4}$ turn to right, step on right
4 Hold
5&6& Cross left over right, step right to right, step left behind right, step right to right
7-8 Step left over right, recover onto right

SECTION 2: ROLLING TURN WITH A HOLD , WEAVE WITH A ROCK RECOVER

1-3 Step to left, making a $\frac{1}{4}$ turn left, $\frac{1}{2}$ turn stepping back on right, $\frac{1}{4}$ turn to left, step on left
4 Hold
5&6& Cross right over left , step left to left, step right behind left, step left to left
7- 8 Step right over left, recover onto left

SECTION 3: ROCKING CHAIR, STEP TURN, WALK

1 – 4 Rock forward on right, recover onto left, rock back onto right, recover onto left
&5 – 6 Step right next to left , step left forward, half turn right
7 – 8 Walk right, walk left

SECTION 4: ROCKING CHAIR, STEP TURN, WALK

1 – 4 Rock forward on left , recover onto right , rock back onto left , recover onto right
&5 – 6 Step left next to right, step right forward, half turn left
7 – 8 Walk right, walk left

SECTION 5: SYNCOPATED ROCK STEPS , $\frac{1}{4}$ TURN, STEP HALF TURN, WALK WALK

1 - 2 & Cross right over left, recover onto left, step right to right
3 - 4 & Cross left over right, recover onto right, step left to left making $\frac{1}{4}$ turn
5 - 6 Step forward on right, pivot left
7 - 8 Walk left, walk right

SECTION 6: SYNCOPATED ROCK STEPS, $\frac{1}{4}$ TURN, STEP HALF TURN, WALK WALK

1 - 2 & Cross right over left, recover onto left, step right to right
3 - 4 & Cross left over right, recover onto right, step left to left making $\frac{1}{4}$ turn
5 - 6 Step forward on right, pivot left
7 - 8 Walk left, walk right

REPEAT SECTIONS 1 & 2

TAG 1 WITH TURNS AND SWAYS
REPEAT DANCE

TAG 1 : without turns and sways

TAG 2 : REPEAT SECTION 1,2 & 1 again

Finish the dance by crossing right over left , full turn back to 12 o' clock

TAG 1**TOE SWITCHES, HITCH STEP, LOCK STEPS, HALF TURN**

- 1&2 Point right to right, step right next to left, point left to left
&3&4 Step left next to right, point right to right, hitch with the right foot step forward on right foot
&5&6 Step left forward, lock right behind left, step left forward, lock right behind left
&7-8 Step left forward, lock right behind left, pivot ½ turn right, placing weight on right foot

STEP TURN X 2, 4 SWAYS

- 1-2 Step left forward, half turn right
3-4 Step left forward, half turn right
5 – 8 Sway left, right, left, right

TOE SWITCHES, HITCH STEP, LOCK STEPS, HALF TURN

- 1&2 Point left to left, step left next to right, point right to right
&3&4 Step right next to left, point left to right, hitch with the left foot step forward on left foot
&5&6 Lock right behind left, step left forward, lock right behind left, step left forward
&7-8 Lock right behind left, step left forward, pivot ½ turn right, placing weight on right foot

STEP TURN X 2, 4 SWAYS

- 1-2 Step left forward, half turn right
3-4 Step left forward, half turn right
5 – 8 Sway left, right, left, touch right

TAG 2**HEEL SWITCHES, TOE TOUCHES, HEEL SWITCHES, TOE TOUCHES X 2**

- 1&2& Touch left heel forward, step left next to right, touch right heel forward, touch right next to left
3&4& Touch left left side, step left next to right, touch right back, step right next to left
&5&6 Touch left heel forward, step left next to right, touch right heel forward, step right next to left
&7&8 Touch left left side, step left next to right, step right next to left

Contact: gabbyparker5@gmail.com
