

You Can't Stop Me

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Trevor Thornton (USA) - February 2016
音樂: You Can't Stop Me (feat. Thomas Rhett) - Brett Eldredge



Count In: 16 ct intro -- Dance: 3 walls, Tag, 3 walls, Tag, 3 walls, 1st 16 counts

[1 – 8] □ WALK X2, ¼ L CROSSING SHUFFLE, POINT X2, ¼ L SAILOR STEP □

1 - 2 Step fwd L (1), step fwd R (2) □ 12
3 & 4 Making ¼ L, cross L over R (3), step R to R (&), cross L over R (4) □ 9
5 & 6 Point R to R (5), step R next to L (&), point L to L (6) □ 9
7 & 8 Step L behind R (7), step back on R making ¼ L (&), step fwd on L (8) □ 6

[9 – 16] □ WALK X2, ¼ R CROSSING SHUFFLE, POINT X2, ¼ R SAILOR STEP □

1 - 2 Step fwd R (1), step fwd L (2) □ 6
3 & 4 Making ¼ R, cross R over L (3), step L to L (&), cross R over L (4) □ 9
5 & 6 Point L to L (5), step L next to R (&), point R to R (6) □ 9
7 & 8 Step R behind L (7), step back on L making ¼ R (&), step fwd on R (8) □ 12

[17 – 24] □ STEP, HITCH R W/ FULL SPIRAL, TRIPLE FWD, SMALL JUMP, ½ TURN L TRIPLE □

1 - 2 Step fwd on L (1), hitch R knee up and rotate a full turn R on ball of L foot (2) □ 12
3 & 4 Step down on R (3), step L next to R (&), step fwd on R (4) □ 12
5 - 6 Slight jump fwd onto L (5), recover back onto R (6) □ 12
7 & 8 ½ L stepping fwd L (7), step R next to L (&), step fwd on L (8) □ 6

[25 – 32] □ ¼ L SIDE ROCK CROSS, PRESS W/TOUCH, ¼ TRIPLE STEP, L CHASE TURN □

1 & 2 Make ¼ turn L as you rock R to R (1), step L slightly next to R (&), cross R over L (2) □ 3
3 - 4 Press L to L (3), drag L to inside of R (recovering weight back to R) (4) □ 3
5 & 6 Making a ¼ turn L, step fwd on L (5), step R next to L (&), step fwd on L (6) □ 12
7 & 8 Step fwd on R (7), ½ pivot L stepping on L (&), step fwd on R (8) □ 6

TAG: □

WALK X2, ¼ L CROSSING SHUFFLE, FULL TURN, SIDE SHUFFLE □

1 - 2 Step fwd L (1), step fwd R (2) □ 6
3 & 4 Making ¼ L, cross L over R (3), step R to R (&), cross L over R (4) □ 3
5 - 6 Make ¼ turn L, as you step back on R (5), ½ turn L, stepping fwd L (6) □ 6
7 & 8 Make ¼ turn L stepping R to R (7), step L next to R (&), step R to R (8) □ 3

BACK ROCK, RECOVER, WEAVE LEFT, KICK AND POINT X2 □ □

1 & 2 Rock L behind R (1), recover weight to R (&), step L to L (2) □ 3
3 & 4 Step R behind L (3), step L to L (&), cross R over L (4) □ 3
5 & 6 Kick L heel fwd (on diagonal) (5), step L next to R (&), touch R toe back (on diagonal) (6) □ 3
7 & 8 Kick R heel fwd (on diagonal) (7), step R next to L (&), touch L toe back (on diagonal) (8) □ 3

You'll dance the first 3 walls facing 12-6, with tag facing 6 o'clock.

You'll begin the dance again facing 3 o'clock and dance 3 walls facing 3-9, with tag facing 9 o'clock. You then finish the dance facing 12-6.

Hope you enjoy! Remember : Dance to Express, not Impress!

#FSdance!

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