

# Hello Again

拍數: 0      牆數: 4      級數: Phrased Intermediate  
編舞者: Patsy Freeman (UK) - February 2016  
音樂: 'Hello' D.J Dark & D.J Viana remix



**\*\* This dance is dedicated to The Crazy Renegades of Blackpool \*\***

Sequence of dance: A-A modified-B-B modified-C-Cmodified [tag] Amodified-B-Bmodified –C-Cmodified [tag]

Intro: 4 counts

## A[1-8] Mambo's /Rocking Chair

1&2            Mambo to right side [ step right foot out to right side, place back beside left]  
2&3            Mambo to left side [ step left foot out to left side, place back beside right]  
5-6            Rock forward on right, recover on left  
7-8            Rock back on right, recover on left

## A[9-16] Step, lock, shuffle

1-2            Step forward on right, lock left behind right  
3&4            Shuffle forward on right  
5-6            Step forward on left, lock right behind left  
7&8            Shuffle forward on left

## A[17-24] Rock half turn shuffle

1-2            Rock forward on right , recover on left  
3&4            Half turn right as you shuffle forward on right  
5-6            Rock forward on left, recover to right  
7&8            Half turn left as you shuffle forward on left

## A[25-32] Jazz Box, Hip Bumps

1-2            Cross right over left, step back on left  
3-4            Step right to right side, step left beside right  
5-8            Hip bumps R.L.R.L [ SECTION A] [12.00]

## [SECTION A-modified]

[25-32]- Jazz Box quarter turn right ,Hip bumps R.L.R.L

[25-32] Jazz Box Quarter turn right. Hip bumps R.L.R.L [3.00]

## A[33-48] Cross rock-side shuffles- cross unwind full turn, step quarter turn step

1-2            Cross rock right over left, return weight to right  
3&4            Side shuffle to right  
5-6            Cross rock left over right , return weight to left  
7&8            Side shuffle to left

1-2            Cross rock right over left, return weight to right  
3&4            Side shuffle to right  
5&6            Cross left over right, unwind a full turn right [3.00]  
7-8            Step quarter turn on right, step left beside right [6.00]

## SECTION 'B'

### B[1-8] Kick & point, Kick & point, Paddle round Full turn

1-4            Kick right forward, point left toe to side, Kick left forward , point right toe to side  
5-8            Paddle full turn with right to the left, placing weight back onto right on last count [6.00]

**B[9-16] Kick & point , Kick & point, Paddle round full turn**

- 1-4 Kick left forward, point right toe to side, Kick right forward , point left to side  
5-8 Paddle full turn with left to the right, placing weight back onto left on last count [6.00]

**B[17-24] Out –out, In –in-Rock-Coaster step**

- 1-2 Step right out, step left out  
3-4 Step right in, step left in  
5-6 Rock forward on right, recover on left  
7&8 Step back on right, recover on left , step forward on right

**B[25-32] Out-out-In-in-Rock –Coaster step**

- 1-2 Step left out, step right out  
3-4 Step left in, step right in  
5-6 Rock forward on left , recover on right  
7&8 Step back on left, recover on right , step forward on left

**Replace last 2 counts [7&8] with 3 quarter turn [9.00]**

**SECTION 'C'****C[1-8] Rock back, Touch , Shuffle back**

- 1-2 Rock right back, touch right beside left  
3&4 Shuffle back on right  
5-6 Rock left back , touch left beside right  
7&8 Shuffle back on left

**C[9-16] Rock back, Touch, Shuffle back**

- 1-2 Rock back on right, touch right beside left  
3&4 Shuffle back on right  
5-6 Rock back on left, touch left beside right  
7&8 Shuffle back on left

**C[17-24] Forward skates, Jazz box**

- 1-4 Skate forward R.L.R.L  
5-6 Cross right over left, step left back  
7-8 Step right to side, step left beside right

**C[25-32] Shuffles back, Jazz box**

- 1-2 Shuffle back on right  
3&4 Shuffle back on left  
5-6 Cross right over left, step back on left  
7-8 Step right to right side, step left beside right [9.00]

**Repeat first 28 counts**

**Finish with Jazz box quarter turn right [12.00]**

**BRIDGE: 4 COUNTS.....RONDE DE JAMBE**

- 1-2 Sweep right back  
3-4 Sweep left back [12.00]

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