Love On The Brain

拍數: 16

級數: Intermediate

編舞者: Guillaume Richard (FR) - March 2016

音樂: Love on the Brain - Rihanna

[1-5]: Step – Step Sweep – Sailor Step – Cross – ¼ Turn Step – Step ½ Turn 1-2 Step R to R – Cross L behind R and sweep with R from the front to the back &a 3 Cross R behind L – Step L to L – Step R to R 4 & a 5 Cross L behind R – Making ¼ turn stepping R forward – Step L forward – Making ½ turn R (Weight on R) [6-9] : Step – Full Turn with 2 Stomp & Sweep – Cross – Side – Behind Sweep 6 &a 7 Step L forward – Making ½ turn L stepping R backward – Stomp L next to R – Making ½ turn L stepping L forward and sweep with R from the back to the front 8 &a 1 Cross R over L – Step L to L – Cross R behind L – Sweep L from the front to the back [10-13] : Behind – Side – Hitch in 2 times – Step ½ Turn – ½ Turn Back Step – Back Step Sweep 2 & a 3 Cross L behind R – Step R to R – Face the diagonal and rise your L foot and bend your knee Rise your L knee to finish the hitch 4 &a 5 Step L forward – Making ½ turn R (weight on R) – Making ½ turn R stepping L backward – Step R backward and sweep L from the front to the back [14-16] : Back Step Sweep – Back Step – Touch – 3/8 Turn – Side Rock – Rolling Vine 6 &a7 Step L backward and sweep R from the front to the back – Step R backward – Touch L backward – Making 3/8 turn L (weight on L) Arms Movement on count 7 : Put your L hand up as 1/2 circle from down to up a8 &a Put your weight on R – Recover On L – Making ¼ turn R stepping R forward – Making ½ turn R stepping L backward Arms Movement : Continue the circle movement and bend your L elbow to have the palm of your hand outside а in front of the R side of your face 8 Put your L hand from the R to the L in front of your face and clench your fist IMPORTANT : To start again the dance, you have to make you 1st count with 1/4 turn R and step R to R (To

IMPORTANT : To start again the dance, you have to make you 1st count with ¼ turn R and step R to R (To finish the rolling vine with the counts a8 &a1)

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牆數:2