

Gold Watch

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Kate Sala (UK) - March 2016
音樂: Gold Watch - Fleur East : (Album: Love, Sax and Flashbacks - iTunes.co.uk)



Intro: 20 count or 9 seconds.

S1: Side, Together, Chasse, Kick Out Out, Sailor Step.

1 2 Step on R to right side. Step L next to R.
3 & 4 Step R to right side. Step L next to R. Step R to right side.
5 & 6 Kick L across R. Step L out to left side. Step R out to right side.
7 & 8 Cross step L behind R. Step R to right side. Step L to left side.

S2: Behind, Side, Cross, Hold & Cross, Complete Full Circle With Step, Shuffle, Step.

1 & 2 Cross step R behind L. Step L to left side. Cross step R over L.
3 & 4 Hold. Step on ball of L to left side. Cross step R over L.
5 6 & 7 8 Complete a full circle turning left by walking on L, shuffle on R, L, R, walk on L. (12:00)

S3: Syncopated Rock Steps Forward, Touch Back, Swivel, Step Back, Turn 1/4 Right.

1 2 & Rock forward on R. Recover on to L. Step R next to L.
3 4 & Rock forward on L. Recover on to R. Step L next to R.
5 & 6 Touch R toe back. Swivel both heels left. Swivel both heels right. (weight back on right).
7 8 Step back on L. Turn 1/4 right stepping R to right side. (3:00)

S4: Step Forward, Point Right. Step Back, Point Left, Rock Back, Kick Ball Change.

1 2 Step forward on L. Point R toe out to right side.
3 4 Step back on R. Point L toe out to left side.
5 6 Rock back on to L. Recover on to R.
7 & 8 Kick L forward. Step down on ball of L. Step down on R.

S5: Step Pivot 1/2 Turn Right, Step Pivot 1/4 Turn Right, Jazzbox 1/4 Turn Left. Cross.

1 2 Step forward on L. Pivot 1/2 turn right.
3 4 Step forward on L. Pivot 1/4 turn right. (12:00)
5 8 Cross step L over R. Turn 1/4 left stepping back on R. Step L to left side. Cross step R over L. (9:00)

S6: Syncopated Side Rocks And Step Left, Touch Across, Kick Ball Cross.

1 2 & Side rock on L out to left side. Recover on to R. Step L next to R.
3 4 & Side rock on R out to right side. Recover on to L. Step R next to L.
5 6 Step L out to left side. Touch R toe across L to left side.
7 & 8 Kick R forward. Step down on ball of R. Cross step L over R. *(Restart here during wall 2)

S7: Turn 1/4 Left Walking Back x 3, Hitch. Full Turn Left, Shuffle.

1 4 Turn 1/4 left walking back on R, L, R. Hitch L knee up. (6:00)
5 6 Step forward on L. Turn 1/2 left stepping back on R.
7 & 8 Turn 1/2 left shuffling forward on L, R, L. (6:00)

S8: Jazzbox 1/4 Turn Right, Syncopated Rock Forward & Run Back, Step Together.

1 4 Cross step R over L. Turn 1/4 right stepping back on L. Step R to right side. Step forward on L.
5 & 6 Rock forward on R. Recover on to L. Step back on R. (9:00)
& 7 8 Small run back on L, R. Step L next to R.

Start Again.

***Restart: During wall 2, after 48 counts.**

ENDING: On the last kick ball change, turn it 1/4 right to face the front!!
