

# Hammercy

**COPPER** KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Magali Bérenger (FR) - March 2016  
音樂: Southern Belle - Scotty McCreery



Intro 16 counts after the 1st drum beat - CCW

**SECTION 1 : R Scissor step, Mambo 1/4 turn left, back R,L, Long R step back, close on L**

1 & 2      RF on right side, LF next to RF, cross RF over LF  
3 & 4      1/4 turn left with LF fwd (9:00), recover on RF, LF back  
5 - 6      Walk Back on RF, walk back on LF  
7 - 8      Long step back with RF, Close (with body weight on LF)

**RESTART HERE ON WALL 2**

**SECTION 2 : Syncopated Rock steps fwd & back, Long step diag. fwd right, heel bounces**

1 & 2      Rock step fwd on RF, recover on LF, RF next to LF  
3 & 4      Rock step back on LF, recover on RF, LF next to RF  
5 - 6      Long step on RF in fwd diagonal, drag LF next to RF  
& 7 & 8      Heel bounces x 2 (you can add a body roll if you feel it !)

**SECTION 3 : Modified L rumba box, L step fwd, 1/2 pivot turn right, back shuffle with 1/2 turn right**

1 & 2      LF on left side, RF next LF, LF fwd  
3 & 4      RF on right side, LF next RF, RF fwd  
5 - 6      LF fwd, pivot 1/2 turn right on RF  
7 & 8      1/2 turn on right with LF back, RF next LF, LF back

**RESTART HERE ON WALL 4**

**SECTION 4 : Back R, L, 2 hips roll with weight on LF, step R fwd, LF next RF, heel bounces**

1 - 2      RF back, LF back  
3 - 4      2 hips roll on left hip with weight on LF

**RESTART HERE ON WALL 7**

5 - 6      RF fwd, LF next to RF  
& 7 & 8      Heel bounces x 2 (you can add a body roll if you feel it !)

- The Restarts occur every time Scotty sings : "Ain't nothin' like a southern belle"
- Title Hammercy is for « have mercy »
- Enjoy the cheerleaders awesome performance on the video clip, but don't try it yourself ! ;-)

I hope you'll enjoy this less dangerous choreography !

La version originale en français de la fiche de pas est dispo sur le site : <http://countryagogo.free.fr/>

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