

Like A G6 (zh)

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jean-Pierre Madge (CH) - 2010年10月
音樂: Like a G6 (feat. Cataracs & Dev) - Far East Movement



- 第一段** **Rock, Recover $\frac{1}{2}$, Cross And Heel, And Together, Knees Pop, And Jump, Knees Pop**
- 1&2 Rock right to side, recover on left making a $\frac{1}{2}$ to the right, step right to the right side 右足右下沉, 左足回復右轉180度, 右足右踏
- 3&4 Cross left over Right, step right to the right side, touch left heel to the left diagonal 左足於右足前交叉踏, 右足右踏, 左足踵左斜角前點
- &5&6 Step left to the left side, step right next left, pop both knees forward, recover to the normal position 左足左踏, 右足併踏, 雙膝彈向前, 雙膝回原位
- &7&8 Step left to the left side, step right next left, pop both knees open, close both knees 左足左踏, 右足併踏, 雙膝彈向外, 雙膝併回
- 第二段** **Rock And Cross, Rock $\frac{1}{4}$ And Step, And Touch, Hitch Touch, Hitch Step $\frac{1}{4}$, Hitch Touch Back**
- 1&2 Rock left to the left side, recover weight on right foot, cross left over right 左足左下沉, 右足回復, 左足於右足前交叉踏
- 3&4 Rock right to the right side, recover making a $\frac{1}{4}$ to the left, step right forward 右足右下沉, 左足回復左轉90度, 右足前踏
- &5&6 Walk left forward, touch right toe forward , hitch right knee, touch right toe back 左足前走, 右足趾前點, 右膝抬, 右足趾後點
- &7&8 Hitch right knee making $\frac{1}{4}$ to the right, step right next left, hitch left knee, touch left toe back 右膝抬右轉90度, 右足併踏, 左膝抬, 左足趾後點
- 第三段** **And Heel, Hold, And Together, Hold, Out-Out, Hold, And Cross, Hold.**
- &1-2 Step left next right, touch right heel forward, Hold 左足併踏, 右足趾前點, 候
- &3-4 Step right to the right side, Left foot next right, Hold 右足右踏, 左足併踏, 候
- &5-6 Step right out, step left out, Hold 右足右踏, 左足左踏, 候
- &7-8 Step left next right, cross right over left, Hold 左足併踏, 右足於左足前交叉踏, 候
- 第四段** **Touch And Step, Cross Rock Recover $\frac{1}{4}$, And Mambo Step, And $\frac{1}{2}$ Big Step, Drag**
- 1&2 Touch left foot to left side, Touch left next right, Step left to the left side 左足左點, 左足併點, 左足左踏
- 3&4 Rock right over left foot, recover weight on left foot, $\frac{1}{4}$ right and step right forward 右足於左足前下沉, 左足回復, 右轉90度右足前踏
- &5&6 Step left next right, Mambo right forward, recover weight on left foot, $\frac{1}{2}$ right and step right forward 左足併踏, 右足前下沉, 左足回復, 右轉180度右足前踏
- &7-8 Step left next right, Big step forward on right foot, Drag left next right and weight on left foot 左足併踏, 右足前一大步, 左足拖併踏
- RESTART here! Just the 1st wall** 第一面牆跳至此, 從頭起跳
- 第五段** **Side, Touch, $\frac{1}{4}$ Side, Touch, Walk, Walk, Touch, Coaster Step**
- 1-2 Step right to the right side, Touch left next right 右足右踏, 左足併點
- 3-4 $\frac{1}{4}$ left and left to the left side, Touch right next left (without weight) 左轉90度左足左踏, 右足併點
- 5-6& Walk Right, Left, Touch right next Left 前走步-右, 左, 右足併點

7&8 Step right back, Step left next Right, Step right forward
右足後踏, 左足併踏, 右足前踏

第六段 Walk, Walk, Rock Recover ½, Full Turn, ¼ & Heel Toe Drag

1-2 Walk left, right 前走步-左, 右

3&4 Rock left forward, recover weight on right foot, ½ left and step left forward 左足前下沉, 右足回復, 左轉180度
左足前踏

5-6 ½ left and step right back, ½ left and step left forward
左轉180度右足後踏, 左轉180度左足前踏

7&8& ¼ left and right foot is going to swivel to the right heel, toe, heel, toe whilst the left leg drags slowly up to it
左轉90度右足向右旋轉-踵, 趾, 踵, 趾
You are moving to the right on the right foot as the left foot drags
整個動作移向右, 好像左足在拖併

第七段 Sailor Step X2, Hold, Ball Touch, Hold, Ball Step

1&2 Step left back right, step right to the right, step left to the left side 左足於右足後踏, 右足右踏, 左足左踏

3&4 Step right back left, step left to the left side, step right forward
右足於左足後踏, 左足左踏, 右足前踏

5&6 Hold, step right next left, step left forward
候, 右足併踏, 左足前踏

7&8 Hold, step left next right, step right forward
候, 左足併踏, 右足前踏

第八段 Rock Recover ½, Walk, Walk, Rock In Chair, Run X4

1&2 Rock left foot forward, recover weight on right foot, ½ left and step left forward 左足前下沉, 右足回復, 左
轉180度左足前踏

3-4 Walk right, left 前走步-右, 左

5&6& Rock right forward, recover weight on left foot, rock right back, recover weight on left foot
右足前下沉, 左足回復, 右足後下沉, 左足回復

7&8& Run right, left, right, left 前跑步-右, 左, 右, 左
