

# Six Pack of Beer

拍數: 100      牆數: 2      級數: Intermediate  
編舞者: Adelhardt Holgersen (DK) - March 2016  
音樂: Six Pack of Beer - Hank Williams III : (CD: Damn Right Rebel Prou. - iTunes)



## #8 count intro

### Part A – 32 counts

#### Forward rock. Shuffle half turn Right. Forward rock. Shuffle half turn Left.

1-2            Rock forward on Right. Recover onto Left.  
3&4           Shuffle half turn Right stepping Right. Left. Right.  
5-6            Rock forward on Left. Recover onto Right.  
7&8            Shuffle half turn Left stepping Left. Right. Left.

#### Side rock. Behind side cross. Side rock. Behind side cross.

1-2            Rock Right to Right side. Recover onto Left.  
3&4            Cross Right behind Left. Step Left to Left side. Cross Right over Left.  
5-6            Rock Left to Left side. Recover onto Right.  
7&8            Cross Left behind Right. Step Right to Right side. Cross Left over Right. ( 12 o'clock )

#### Heel switches. Heel hook heel x2.

1&            Touch Right heel forward. Step Right beside Left.  
2&            Touch Left heel forward. Step Left beside Right.  
3&4            Touch Right heel forward. Hook Right in front of Left shin. Touch Right heel forward.  
&            Step Right beside Left  
5&            Touch Left heel forward. Step Left beside Right.  
6&            Touch Right heel forward. Step Right beside Left.  
7&8            Touch Left heel forward. Hook Left in front of Right shin. Touch Left heel forward.  
&            Step Left beside Right.

#### Forward rock. Shuffle half turn Right. Forward rock. Triple step.

1-2            Rock forward on Right. Recover onto Left.  
3&4            Half turn Right stepping Right. Left. Right.  
5-6            Rock forward on Left. Recover onto Right.  
7&8            Stepping Left. Right. Left ( on the spot ) ( 6 o'clock )

### Part B – 28 counts

#### Right cross rock. Chasse Right. Left cross rock. Chasse Left.

1-2            Cross rock Right over Left. Recover onto Left.  
3&4            Step Right to Right side. Step Left beside Right. Step to Right side.  
5-6            Cross rock Left over Right. Recover onto Right.  
7&8            Step Left to Left side. Step Right beside Left. Step to Left side.

#### Heel switches. Step ½ Turn Left x 2.

1 &            Touch Right heel forward. Step Right beside Left.  
2 &            Touch Left heel forward. Step Left beside Right.  
3-4            Step forward on Right, pivot ½ turn Left.  
1 &            Touch Right heel forward. Step Right beside Left.  
2 &            Touch Left heel forward. Step Left beside Right.  
3-4            Step forward on Right, pivot ½ turn Left. ( 6 o'clock )

#### Chasse ½ Turn Right. Hitch. Chasse Left x 2.

- 1&2 Step Right to Right side. Step Left beside Right. ¼ turn Right stepping forward on Right.  
 & ¼ turn Right hitch Left.  
 3&4 Step Left to Left side. Step Right beside Left. Step Left to Left side.  
 5&6 Step Right to Right side. Step Left beside Right. ¼ turn Right stepping forward on Right.  
 & ¼ turn Right hitch Left.  
 7&8 Step Left to Left side. Step Right beside Left. Step Left to Left side. ( 6 o'clock )

**Diagonal Shuffle Right and Left. Heel stand Right and Left**

- 1& Step Right diagonally forward Right. Step Left beside Right.  
 2 Step Right diagonally forward Right.  
 3& Step Left diagonally forward Left. Step Right beside Left.  
 4 Step Left diagonally forward Left.  
 5-6 Step Right heel forward. Step Left heel forward.  
 7-8 Step Right back. Step Left beside Right. ( 6 o'clock )

**Part C – 40 counts**

**Travelling Apple Jacks - Right and Left.**

- 1-2 Swivel Right toe out and Left heel in. Swivel Right heel out and Left toe in.  
 3-4 Swivel Right toe out and Left heel in. Swivel Right heel out and Left toe in. ( Center )  
 5-6 Swivel Left toe out and Right heel in. Swivel Left heel out and Right toe in.  
 7-8 Swivel Left toe out and Right heel in. Swivel Left heel out and Right toe in. ( Center )

**Right Cross Rock x2. Side. Cross Rock. Side.**

- 1-2 Cross rock Right over Left. Recover onto Left.  
 3-4 Cross rock Right over Left. Recover onto Left.  
 5 Step Right to Right side.  
 6-7 Cross rock Left over Right. Recover onto Right.  
 8 Step Left to Left side.

**Right & Left 'Dorothy' steps. Weave Left.**

- 1-2& Step Right diagonally forward Right. Lock Left behind Right. Step Right beside Left.  
 3-4& Step Left diagonally forward Left. Lock Right behind Left. Step Left beside Right  
 5-6 Cross Right over Left. Step Left to Left side.  
 7-8 Cross Right behind Left. Step Left to Left side.

**Stomp. Hold. ½ turn Left stomp. Hold. Hold. Hold. Heel stand Right and Left.**

- 1-2 Stomp Right to Right side. Hold.  
 3-4 ½ turn Left stomp Left to Left side. Hold.  
 5-6 Hold. Hold.  
 7-8 Step Right heel forward. Step Left heel forward. ( 12 o'clock )

**Step. Step. Heel stand Right and Left. Step ½ turn Left.**

- 1-2 Step Right back. Step Left beside Right.  
 3-4 Step Right heel forward. Step Left heel forward.  
 5-6 Step Right back. Step Left beside Right.  
 7-8 Step forward on Right, pivot ½ turn Left. ( 6 o'clock )

**Ending : The last 16 counts starts at 6 o'clock :**

**Forward rock. Shuffle half turn Right. Forward rock. Coaster Step.**

- 1-2 Rock forward on Right. Recover onto Left.  
 3&4 Shuffle half turn Right stepping Right. Left. Right.  
 5-6 Rock forward on Left. Recover onto Right.  
 7&8 Step back on Left. Step Right beside Left. Step forward on Left.

**Side rock. Behind side cross. Side rock. Behind side cross.**

1-2 Rock Right to Right side. Recover onto Left.

3&4 Cross Right behind Left. Step Left to Left side. Cross Right over Left.

5-6 Rock Left to Left side. Recover onto Right.

7&8 Cross Left behind Right. Step Right to Right side. Cross Left over Right. ( 12 o'clock )

**Note :**

**The music slows down 2 times.**

**You are dancing Part C, sec. 3, count 5-6-7-8.**

**Slow down these steps and wait for the beat, then continue the dance, stomp at the word "EVEN".**

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