

# Sweet Mary Lou

**COPPER KNOB**  
BY STEPHEN HETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Karen Holtom (UK) - February 2016  
音樂: Hello Mary Lou - Ricky Nelson : (Album: Hits of the 60's - 2014)



Music available from iTunes or Amazon.co.uk

**NO TAGS OR RE-STARTS**

**Intro: 16 Counts from strong beat. Start on the vocals.**

## **SECTION 1: □ R BASIC NIGHT CLUB, L BASIC NIGHT CLUB, ROLLING GRAPEVINE R, CROSS**

1, 2 &      Long step to R, rock back on L, recover forward onto R  
3, 4 &      Long step to L, rock back on R, recover forward onto L  
5, 6      Step forward R turning ¼ R, (3o'clock) step back on L turning ½ R (9o'clock)  
7, 8      Step R to R side turning ¼ R, cross L over R (12o'clock)

## **SECTION 2: □ SIDE TOGETHER BACK, LOCKSTEP BACK, COASTER CROSS, SIDE TOGETHER FORWARD**

1 & 2,      Step R to R side, step L beside R, step back on R  
3 & 4      Step back on L, lock R across L, step back on L  
5 & 6      Step back on R, step left beside R, cross R over L  
7 & 8      Step L to L side, step R beside L, step forward on L

## **SECTION 3: □ ROCK RECOVER, SHUFFLE ½ TURN, STEP ¼ TURN, PRISSY WALKS X 2**

1, 2      Rock forward on R, recover onto L,  
3 & 4      Making ½ turn R shuffle forward R, L, R  
5, 6      Step forward on L, pivot ¼ turn R  
7, 8      Step L forward crossing L over R, Step R forward crossing R over L

## **SECTION 4: □ MAMBO FORWARD, LOCKSTEP BACK, SAILOR ¼ TURN, KICK BALL CHANGE**

1 & 2      Rock forward on L, recover onto R, step back on L  
3 & 4      Step back on R, lock L across R, step back on R  
5 & 6      Making ¼ turn L, step L behind R, step R to R side, step L in place  
7 & 8      Kick R forward, step R in place, step L in place.

**Last Update - 22nd March 2016**