

Don't

拍數: 32

牆數: 2

級數: Wheelchair Social, Westcoast –
Easy Novice



編舞者: Tenna Severinsen (DK) - February 2016

音樂: Don't - Ed Sheeran

Intro: 20 counts - Anti-Clockwise

2 X WALK FORW., 2 X ANCHOR, 2 X STEP BACK

- 1-2 Step forw. R, step forw. L
- 3&4 Step R behind L, step on L, step R together
- 5&6 Step L behind R, step on R, step L together
- 7-8 Step back R, step back L

TOUCH BACK, TURN ½ R, HEELGRIND, RECOVER, TOGETHER, HEELGRIND, RECOVER, TOGETHER, 3 X SMALL JUMP FORW.

- 1-2 Touch R toe back, Turn ½ R stepping on R
- 3&4 L heel forw. Roll heel, recover back on R, step L next to R,
- 5&6 R heel forw. Roll heel, recover back on L, step R next to L,
- 7&8 3 x small jumps forw. BF (or small runs R, L, R, weight end on L)

2 X WALK AROUND, SHUFFLE, 2 X WALK AROUND, SHUFFLE (FULLTURN CIRCLE)

- 1-2 Step forw. R, step forw. L turning ¼ L (3.00)
- 3&4 Step forw. R, step L behind R, step forw. R turning ¼ L (12.00)
- 5-6 Step forw. L, step forw. R turning ¼ L (9.00)
- 7&8 Step forw. L, step R behind L, step forw. L turning ¼ L (6.00)

POINT FORW., STEP BACK, COASTER, CROSS IN FRONT DIP, RECOVER ON R, HELLGRIND FORW., RECOVER, STEP TOGETHER

- 1-2 Point R toe forw., step back on R
- 3&4 step back L, step together R, step forw. L
- 5-6 Cross R in front L dip both knees, stand up (weight on R)
- 7&8 L heel forw., recover on R, step L next to R.

STYLE IT, THERE IS GOOD TIME!!!! HAVE FUN – FUN

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